

| Menu Notes | Monday | Tuesday | wednesday | Thursday | Friday | NOTES | |
|---|---|---|--|---|--|---|--|
| <p>One slice of toast w/ jelly will be served each day with breakfast. Choice of cold milk will be served each day with breakfast and lunch. Cereal is offered as a second entree choice each day for Breakfast.</p> <p>Nutritious meals are essential to the growth and development of our children. Well-balanced lunches are available to your child on a daily basis in the school cafeteria. Fort Bragg Schools participates in the National School Lunch Program, which means that we must meet certain nutritional criteria when we serve your child lunch. Each lunch we serve offers you child: Protein, Fruits, Vegetables, Bread, and Milk.</p> <p>Offer vs. Serve: We encourage you to discuss menu selections at home with your child. Help them to learn to make wise nutritious menu selections. Your child may refuse 1 or 2 menu items as they proceed through the lunch line and still meet the requirements of the school lunch program.</p> <p>Fresh Fruit Choices - Whole Pieces of Fruit are available every day as Fruit/Vegetable Choice.</p> |  | <p>1</p> <p>BREAKFAST Scrambled Eggs w/ Grits Orange Wedges LUNCH Baked Ham w/ Roll Spaghetti w/ French Bread Green Beans Creamy Potatoes Corn on Cob Jell-o Fresh Strawberries</p> | <p>2</p> <p>BREAKFAST Apple Cinnamon Muffin w/ Oatmeal Fruit Cup LUNCH Oven Baked Chicken w/ Roll Corn Dog Baked Beans Steamed Broccoli Parsley Potatoes Fruit Cup Orange Wedges</p> | <p>3</p> <p>BREAKFAST Waffle w/ Syrup Fresh Strawberries LUNCH Cheeseburger Sub Sandwich Oven Baked Fries Garden Peas and Carrots Coleslaw Fresh Strawberries Sliced Peaches</p> | <p>4</p> <p>BREAKFAST Cheese Toast Potato Rounds LUNCH Fishwich Chicken Salad w/ Crackers Potato Rounds Steamed Corn Applesauce Carrot-Cabbage Slaw Fruit Cup</p> | <p>In accordance with Federal law and U. S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.</p> <p>To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.</p> | |
| | | <p>7</p> <p>BREAKFAST Scrambled Eggs w/ Grits Orange Juice LUNCH Chicken Tenders w/ Dip and Roll Baked Potato w/ Meat & Cheese w/Roll Steamed Corn Steamed Broccoli Stuffed Celery Fruit Cup Fresh Strawberries</p> | <p>8</p> <p>BREAKFAST Breakfast Pizza Applesauce LUNCH Turkey Pastry w/ Corn Muffin Hotdog w/ Chili Sweet Potato Fluff Garden Peas & Carrots Sliced Peaches Jell-o Coleslaw</p> | <p>9</p> <p>BREAKFAST French Toast Sticks w/ Syrup Sliced Peaches LUNCH Bar-B-Que Chicken w/ Roll Corndog Creamed Potatoes Steamed Cabbage Baked Beans Sliced Peaches Fresh Strawberries Dessert: Birthday Cake</p> | <p>10</p> <p>BREAKFAST Ham Biscuit Fresh Strawberries LUNCH Taco Salad w/ Chips Chicken Sandwich Corn On Cob Green Beans Diced Tomatoes Applesauce Orange Wedges</p> | | <p>11</p> <p> PROFESSIONAL DEVELOPMENT DAY NON-STUDENT DAY</p> |
| | | <p>14</p> <p>BREAKFAST Apple Cinnamon Muffin w/ Oatmeal Orange Juice LUNCH Pizza Sub Sandwich Green Beans Potato Rounds Corn On Cob Sliced Peaches Fresh Strawberries</p> | <p>15</p> <p>BREAKFAST Scrambled Eggs w/ Grits Fresh Strawberries LUNCH Lasagna W/ French Bread Manager's Choice Garden Peas & Carrots Parsley Potatoes Tossed Salad Congealed Fruit Salad Raw Veggies</p> | <p>16</p> <p>BREAKFAST Breakfast Pizza Fruit Cup LUNCH Taco's Corndog Steamed Corn Green Beans Shredded Lettuce w/ Diced Tomatoes Fruit Cup Orange Wedges</p> | <p>17</p> <p>BREAKFAST Grilled Cheese Sliced Peaches LUNCH Baked Chicken w/ Roll Cheeseburger Creamed Potatoes Corn On Cob Baked Beans Congealed Fruit Salad Sliced Peaches</p> | | <p>18</p> <p>BREAKFAST Pancake N' Sausage Applesauce LUNCH Fishwich Macaroni & Cheese w/ Roll Oven Baked Fries Steamed Broccoli & Carrots Green Beans Fruit Cup Fresh Strawberries</p> |
| | | <p>21</p> <p>BREAKFAST Pancake N' Sausage Applesauce LUNCH Pizza Chicken Sandwich Parsley Potatoes Green Beans Tossed Salad Lettuce w/ Pickle Chips Peaches</p> | <p>22</p> <p>BREAKFAST Ham Biscuit Sliced Peaches LUNCH Spaghetti w/ French Bread Manager's Choice Potato Rounds Steamed Corn Jell-o Fresh Strawberries Manager's Choice</p> | <p>23</p> <p>BREAKFAST Breakfast Pizza Orange Juice LUNCH Cheeseburger Chicken Tenders w/ Dip and Roll Oven Baked Fries Baked Beans Lettuce w/ Sliced Tomato Sliced Peaches Orange Wedges</p> | <p>24</p> <p>BREAKFAST Scrambled Eggs w/ Grits Fresh Strawberries LUNCH Bar-B-Que Chicken w/ Roll Hotdog w/ Chili Potato Salad Green Beans Corn On Cob Fresh Strawberries Sliced Peaches</p> | | <p>25</p> <p>BREAKFAST Waffle w/ Syrup Choice of Juice LUNCH Ham & Cheese Sandwich Fishwich Oven Baked Fries Garden Peas Garden Salad Congealed Fruit Salad Applesauce</p> |
| | | <p>28</p> <p> MEMORIAL DAY</p> | <p>29</p> <p>BREAKFAST Breakfast Pizza Applesauce LUNCH Cheese Pizza Sub Sandwich Steamed Corn Green Beans Lettuce w/Tomatoes Applesauce Sliced Peaches</p> | <p>30</p> <p>BREAKFAST Scrambled Eggs w/ Grits Fruit Cup LUNCH Spaghetti w/ Bread Chicken Salad w/ Crackers Corn on cob Garden Peas Tossed Salad Fresh Strawberries Fruit cup</p> | <p>31</p> <p>BREAKFAST Manager's Choice Fruit Cup LUNCH Turkey Roast Sandwich w/ Gravy Cheeseburger Oven Baked Fries Steamed Cabbage Green Beans Fruit Cup Manager's Choice</p> | | <p>3, 2, 1... Countdown to SUMMER!</p> <p></p> |



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MENU SUBJECT TO CHANGE WITHOUT NOTIFICATION
