

D.A.R.E. Essay by S. R.



I've learned many things in D.A.R.E. I've learned how to say no. I've learned facts about tobacco and drugs, and peer pressure.

I've learned several ways to say no. One way to say no is to give a reason for your answer. Another way is to change the subject. Also you can do repeated refusal.

I've also learned many things about tobacco. One thing I've learned is that smoking causes breathing problems. Also smoking causes heart disease. There are 200 known poisons in cigarettes.

I've also learned about marijuana. One thing I've learned about marijuana is that it is illegal to possess in the U.S. Also I have learned that it is addictive. Another thing I've learned about is that it slows coordination.

I've learned several things about peer pressure and how to prevent it. One way to prevent peer pressure is strength in numbers. Also you can ignore the person. Another thing to do is to just walk away. Those are some things I've learned in D.A.R.E.

I promise I will make good choices and never misuse drugs.