

West Point Elementary School

28 September 2012

Bulldog Blast

Parent Newsletter #6

Telephone: 938-2313/3827/2997 Nurse: 938-2069
http://www.am.dodea.edu/NY_VA/westpoint/elementary/Index.htm

Morning Bell: 8:30
 Tardy Bell: 8:35
 Dismissal Bell: 2:50
 Early Dismissal Bell: 11:30

WEST POINT ELEMENTARY SCHOOL MISSION STATEMENT

West Point Elementary School and the Department of Defense Education Activity provide, in military communities worldwide, exemplary educational programs that inspire and prepare all students for success in a global environment.

WEST POINT ELEMENTARY SCHOOL VISION STATEMENT

West Point Elementary School provides opportunities for all students to achieve their personal best and to become caring, respectful, and responsible citizens. Our school strives to create a differentiated learning environment to ensure that every child is healthy, safe, engaged, supported, and challenged. We work with the community to motivate and enable all students to be life-long 21st century learners.



CALENDAR OF EVENTS

5 October Early Release 11:30

8 October Columbus Day—no school

19 October—Teacher work day—no school

1 & 2 November—Parent/Teacher conference days



GRADES K,1,2,& 3—5 Day Rotation

MON 10/1	TUE 10/2	WED 10/3	THU 10/4	FRI 10/5
Day 2	Day 3	Day 4	Day 5	Day 1
MON 10/8	TUE 10/9	WED 10/10	THU 10/11	FRI 10/12
No school	Day 2	Day 3	Day 4	Day 5

GRADE 4 ONLY—3 Day Rotation

MON 10/1	TUE 10/2	WED 10/3	THU 10/4	FRI 10/5
Day 2	Day 3	Day 1	Day 2	Early Release
MON 10/8	TUE 10/9	WED 10/10	THU 10/11	FRI 10/12
Day 3	Day 1	Day 2	Day 3	Day 1

SPECIALS SCHEDULE

8:45-9:35 Third Grade
 9:40-10:30 Second Grade
 10:35-11:25 First Grade
 12:20-1:10 Fourth Grade
 1:15-2:05 Kindergarten



REMINDERS

5 October
 Early Release—11:30

8 October
 No School—Columbus Day

19 October
 No school—teacher work day



WPES LUNCH SCHEDULE

GRADE 4—11:10
 GRADE 3—11:25
 GRADE—11:45
 GRADE 2—12:05
 KINDERGARTEN
 12:20

FOR SAFETY REASONS AND TRAFFIC CONTROL, PARENTS ARE REMINDED TO USE THE

KISS & DROP LANE TO DROP-OFF CHILDREN.

PRIVATE VEHICLES ARE NOT ALLOWED IN BUS LOOP AT ANYTIME, ESPECIALLY DURING ARRIVAL/DISMISSAL TIMES
 With the exception of handicap marked vehicles

Any vehicles that are witnessed passing a school bus with flashing lights on will be ticketed by an MP per NY state law.
 Please see Kiss & Drop Rules & Procedures that are listed in the back of your Calendar/Handbooks.



REMINDER: Please call the school @ 938-2313 by 8:30 am when your child will be absent or tardy.

STUDENTS WHO ARRIVE TARDY AFTER 8:30 AM MUST COME IN THROUGH THE FRONT DOOR, BE SIGNED IN BY A PARENT AT THE FRONT WINDOW AND OBTAIN A TARDY SLIP BEFORE PROCEEDING TO CLASS.

WEST POINT SCHOOL SPIRIT DAY FRIDAYS

Show your school Spirit by wearing the BLACK & GOLD school or spirit attire on Fridays.



Nadine Sapiente, Principal

School Counselors Make a
World of Difference



WPES Counselors

Why We Are Here and What Do We Do?

As guidance counselors we are here to serve the students, teachers, and parents of West Point Elementary School. Our goal is to provide each student with a set of skills and experiences that enhance all learning.

We chair the Student Support Team (SST), provide individual and group counseling, coordinate standardized testing, and teach developmentally appropriate classroom guidance lessons. Skills and lessons taught are designed to support academic, career and personal/ social growth working toward the DODEA standard: All students will acquire the attitudes, knowledge, and interpersonal skills needed to improve learning and self-concept, and achieve academic success.

What Others Services are Available?



We have a variety of activities, materials, and resources available to assist in meeting the needs of any of our students or their families who may be experiencing such things as a family crisis, the deployment of a family member, or a loss of any kind. In our continued effort to meet the needs of our students, we would like to ensure that there is a support system in place at school for children who are affected by deployment. This would include children with a family member who is deployed, likely to be deployed, recently reunited as well as children who are separated from a parent or guardian for an extended period of time for any other reason. Support providers may consist of, as appropriate, one or more of the following school personnel: the child's teacher, the school psychologist, one of our school counselors, the school nurse, and the principal.

If any of the situations described above are applicable, please complete the paperwork that was recently sent home with your child return it to the guidance office. This information will be treated as confidential and shared only with those who are directly involved with your child. If you have any questions or concerns, please do not hesitate to contact the guidance department at 938-2313.

The guidance office maintains a parent library. Please feel free to drop by and check out a book.

WPES GUIDANCE DEPT

Nadine Sapiente, Principal



Fall Field Day
Friday, October 5th

On Friday, October 5th, our school will kick off the President's Challenge by participating in an autumn field day: **"On the Road to Healthy Living."** Field Day will begin at 9:00am in the bus loop in front of the gym where a Flash Mob Dance called Crazy Frog will take place. All grades will go to the lower fields to participate in stations. The Kinder & 1st grade field day will be in the center of the field and grades 2-4 on the outer perimeter. Children need to wear sneakers for safety and may bring a water bottle. Parents are welcome to cheer as children rotate through several stations, challenging themselves physically and learning about physical fitness and healthy eating.



A study published by the Centers for Disease Control and Prevention found that increased physical activity had a positive effect on academic performance. This has led many researchers to believe that a work out for your body is also a work out for your mind. By helping our children to become more physically active, they may bring home higher test scores and better grades. In order to help children increase physical activity and make healthy eating choices, we would like to encourage all our students and families to take part in the **Presidential Active Lifestyle Award** program.

The Presidential Active Lifestyle Award Program is designed to help our community make a commitment to staying physically active and to encourage healthy eating.

1. **Physical activity.** Children need to be active 60 minutes a day, at least 5 days a week, for 6 out of 8 weeks (Adults 30 minutes). As an alternative, children can count their daily activity steps using a pedometer. (Girls' goal: 11,000 steps; Boys' goal: 13,000 steps)

Healthy eating. Each week, your family will also focus on a [healthy eating goal](#). There are eight goals, and each week you will add a new goal while continuing with your previous goals. By the end of the six weeks, you'll be feeding your body more of the good stuff it needs.

1. **Track activity.** Parents may track your child's activity using the Lifestyle Nutrition and Activity Log located on the back of this flyer.

Earn awards. Students who have participated in the challenge six out of eight weeks will receive a Presidential Active Lifestyle Award and have a chance to win a WPES pedometer.

We invite all our families to join us at our field day and as a family participate in the President's Challenge. A flyer will be sent home next Thursday with more details.

Volunteers: Over 40 families have volunteered to help on field day. There will be a check-in station in front of the Middle School where you will receive your activity assignment. Thank you all very much. A clip-board with the game will be on the field. If you live nearby, please, if possible walk or park by the Post Gym.

Come cheer our children on! Due to the construction of the Middle School, parking will be very limited. If you live nearby, please, if possible walk or park by the Post Gym.

If it rains, we will have a modified field day and will meet in the Multi-Purpose Room at 9:00am.



**Free Developmental Screening
EDIS/Audiology/West Point School**

Who: All children ages 0 to 5 years

What: Developmental & Hearing Screenings

When: Tuesday, 2 October 2012, from 0830 to 1500

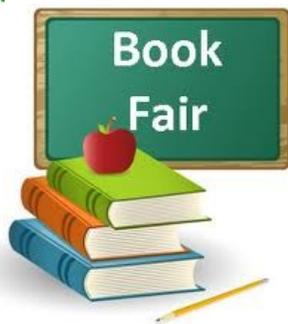
Where: The Lee Child Development Center, 140 Buckner Loop@ West Point, NY

BY APPOINTMENT ONLY

FOR QUESTIONS OR APPOINTMENTS, PLEASE CALL 938-2698/6868

POC: EDIS office: 845-938-2698/6868

MORE INFO TO COME



PTO SPONSORED BOOK FAIR

22-26 OCTOBER 2012



Parents – Our school needs your help. We can earn cash from “Box Tops for Education Coupons” that look just like the example above. These coupons are printed on a variety of products you buy every day. Please do your part by clipping, and sending the box tops in a small bag or envelope with your child. Your child’s teacher will take care of the rest. The class collecting the most box tops will be rewarded with a pizza party each quarter. For a list of products containing box top coupons or more information, go to <http://www.boxtops4education.com>.

October 2012

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5 EARLY RELEASE 11:30 FALL FIELD DAY	6
7	8 NO SCHOOL COLUMBUS DAY	9	10	11	12	13
14	15	16	17	18	19 NO SCHOOL TEACHER WORK DAY	20
21	22 BOOK FAIR	23	24	25	26	27
28	29	30	31	1 NOVEMBER CONFERENCE DAY NO SCHOOL	2 CONFERENCE DAY NO SCHOOL	3
4	5	6	7	8	9	10