



West Point Elementary School

26 October 2012

Bulldog Blast

Parent Newsletter #10

Telephone: 938-2313/3827/2997 Nurse: 938-2069
http://www.am.dodea.edu/NY_VA/westpoint/elementary/Index.htm

Morning Bell: 8:30
Tardy Bell: 8:35
Dismissal Bell: 2:50
Early Dismissal Bell: 11:30

WEST POINT ELEMENTARY SCHOOL MISSION STATEMENT

West Point Elementary School and the Department of Defense Education Activity provide, in military communities worldwide, exemplary educational programs that inspire and prepare all students for success in a global environment.

WEST POINT ELEMENTARY SCHOOL VISION STATEMENT

West Point Elementary School provides opportunities for all students to achieve their personal best and to become caring, respectful, and responsible citizens. Our school strives to create a differentiated learning environment to ensure that every child is healthy, safe, engaged, supported, and challenged. We work with the community to motivate and enable all students to be life-long 21st century learners.



CALENDAR OF EVENTS

29 Oct—2 Nov—No Pre-K Classes
1 & 2 November—Parent/Teacher conference days

1 November—School Board Meeting
15 November—Picture make up day



GRADES K,1,2,& 3—5 Day Rotation

MON 10/29	TUE 10/30	WED 10/31	THU 11/1	FRI 11/2
Day 4	Day 5	Day 1	No School	No School
MON 11/5	TUE 11/6	WED 11/7	THU 11/8	FRI 11/9
Day 2	Day 3	Day 4	Day 5	Day 1

GRADE 4 ONLY—3 Day Rotation

MON 10/29	TUE 10/30	WED 10/31	THU 11/1	FRI 11/2
Day 1	Day 2	Day 3	No School	No School
MON 11/5	TUE 11/6	WED 11/7	THU 11/8	FRI 11/9
Day 1	Day 2	Day 3	Day 1	Day 2

SPECIALS SCHEDULE

8:45-9:35 Third Grade
9:40-10:30 Second Grade
10:35-11:25 First Grade
12:20-1:10 Fourth Grade
1:15-2:05 Kindergarten

School Board Meeting
The date has been changed
from 7 November to **Thursday,**
1 November.

FOR INFORMATION ON SCHOOL CLOSING DELAYS OR EARLY DISMISSALS DUE TO INCLEMENT WEATHER

Call 938-7000 or tune into
Local cable Channel 23
or Radio 100.7 & also online
at www.WHUD.com



REMINDERS

29 Oct-2Nov
No Pre-K classes
1 & 2 November
No school—Parent/Teacher
Conferences
15 November
Picture make up day

FOR SAFETY REASONS AND
TRAFFIC CONTROL,
PARENTS ARE REMINDED
TO USE THE
**KISS & DROP LANE TO
DROP-OFF CHILDREN.**

**PRIVATE VEHICLES ARE NOT
ALLOWED IN BUS LOOP AT ANY-
TIME, ESPECIALLY DURING
ARRIVAL/DISMISSAL TIMES**
With the exception of handicap
marked vehicles

**Any vehicles that are witnessed passing
a school bus with flashing lights on will
be ticketed by an MP per NY state law.**
Please see Kiss & Drop Rules & Procedures that
are listed in the back of your
Calendar/Handbooks.

REMINDER: Please call the school
@ **938-2313** by 8:30 am when your child will be
absent or tardy.

**STUDENTS WHO ARRIVE TARDY AFTER 8:30 AM
MUST COME IN THROUGH THE FRONT DOOR, BE
SIGNED IN BY A PARENT AT THE FRONT WIN-
DOW AND OBTAIN A TARDY SLIP BEFORE
PROCEEDING TO CLASS.**

WEST POINT SCHOOL SPIRIT DAY FRIDAYS

Show your school Spirit by wearing
BLACK & GOLD every Friday.



Nadine Sapiente, Principal

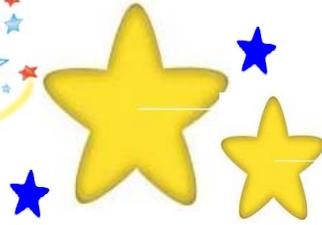


The bus loop is a One Way Circle. With all of the construction and the loss of the Middle School parking lot, we are trying to clarify the bus loop traffic flow and parking again. All cars that are parked in the bus loop must arrive by 7:15 and stay until 3:00. There are no additional cars allowed in the bus loop **except** for those with handicapped permits. Cars with the handicapped permits are permitted in the bus loop. They must adhere to the One Way traffic flow and also are never permitted to pass a school bus as governed by NY State law. If in the loop while the buses are there, cars with handicapped permits must wait until the buses depart to leave the bus loop.



As you are aware, the sidewalk used by our students during arrival and dismissal has been relocated to the elementary school side of Barry Road. This change has required us to look at safety issues for all of our students. One of the areas that have been looked at is the parking lot directly below the pre-K playground that contains the 15-minute parking spaces. In order to ensure our students safety, individuals parking in this area for school dismissal must be in the parking space prior to school dismissal and may not move out of the parking space until the buses depart the school. This will provide for a safer environment for our students who walk.

Another area that was seen as a safety concern is the handicap parking area located in front of the middle school. If you park in one of these spaces, you must back out and follow the arrows around the bus loop. Please do not back out and depart the area against the direction of the arrows. Keep in mind that you cannot pass the buses parked in the loop when the red lights on the bus are flashing and/or the bus driver has engaged the stop sign on the side of the bus. We know that this might mean you will have to wait until the buses depart prior to leaving the parking spot, but the safety of our students is a priority.



Thank you to all who supported the PTO sponsored Scholastic Book Fair! If you were unable to attend or a book you wanted wasn't available at our Fair, you can still buy books through our online home page at <http://bookfairs.scholastic.com/homepage/wpspto>

Online shopping is available through November 3rd! The books will be sent to our school and we will contact you upon arrival. This is also a great way for friends and relatives to buy your students gifts on their holiday wish lists!

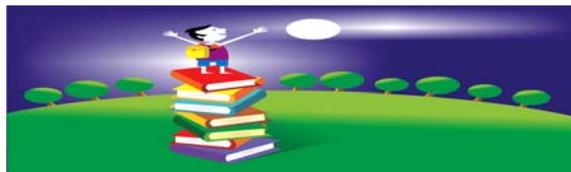


The winner of the first quarter Box Tops contest is a 3rd grade class with 1,007 Box Tops. So far the classes have raised \$940 for our school. Thank you to all that participated!

The Reading Nook

(Information, updates, and helpful reading tips from your WPES reading support team)

Using magnetic letters to build words is an effective way to help your child with reading and writing at home. We've included a list of 25 ways you can use magnetic letters to build your child's knowledge of letters, sounds, sight word knowledge and spelling patterns.



Happy Reading,
The Reading Specialists



“On the Road to Healthy Living!”

If your child was physically active for at least 60 minutes a day, at least 5 days this past week and tried a healthy snack (recipes below), please sign their P.C. log. Participants who turn in their log and have completed the Challenge for 6 out of 8 weeks will receive a token of recognition and an opportunity to win a W.P.E.S. pedometer.



A very special invitation to Fourth Grade Students:

On days that you are not scheduled for Physical Education class, you are cordially invited to join us in the Gymnasium from 8:00am-8:30am and participate in “Move 2 Learn.” “Move 2 Learn” is designed with fun activities in mind, which help prepare our children to go into the classroom ready to learn. Activities for 2nd Quarter includes: Practicing PACER, pushups and curl-ups, Juggling, Dancing and Basketball.



Recipe: Edible Snails

Ingredients: Bread
Cream cheese
Cinnamon
Rolling pin
Plastic knives
Small paper plates

Instructions: Wash hands. Give each child a slice of bread. Using a rolling pin, have the children roll it thin and cut off the crust using a plastic knife. Children can spread the cream cheese over the bread with a plastic knife and help sprinkle the top with cinnamon. Roll up the bread and slice into 1” pieces. As the edges of the bread unroll, they look like snails.

RECIPE Submitted by:

Cindy Laskowsky
Lake Pleasant Elementary
Peoria, Arizona




MINUTE ACTIVITIES

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Recipe: Cold-Fighting Fruit Smoothies

Ingredients: 1/2 c. low-fat vanilla yogurt
1/2 c. no-pulp orange juice
Banana, peeled and frozen
1/2 c. seasonal fruit such as blueberries, chopped peaches, or strawberries
Cups
Blender

Instructions: Wash hands. Put the yogurt, orange juice, frozen banana (which also acts as ice) and fruit of your choosing in a blender and blend until fruit is pureed and smoothie is thick. Pour into a glass and serve immediately. Serves 1.

RECIPE Submitted by:

Jessica Butcher, RD

Make this cold-fighting smoothie made of fresh fruit as you explain how antioxidants help fight inflammation in the body. A quick demonstration of this on the side would be a plain apple slice against an apple slice with citrus juice to display the citrus' ability to prevent browning.




MINUTE ACTIVITIES

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Recipe: Smiley Face Plate

Ingredients: Paper plates
Variety of healthy food choices (see examples below)

Instructions: Wash hands. Children create a face on the paper plate using a variety of healthy foods. Some examples:

EYES: Sliced hardboiled eggs, grapes (cut in half), kiwi, banana slices

NOSE: Carrot, celery, grape (sliced in half), banana slice, strawberry slice

MOUTH: Whole wheat bread sliced into narrow rectangles, blueberries, crinkle-cut carrots, bananas, strawberry slices

EARS: Apple slices, kiwi, turkey rounds

HAIR: Peeled string cheese, grated cheese, grated carrot

RECIPE Submitted by:

Robin McKee
School Nurse
Hanna Woods Elementary
Ballwin, MO

My kids would make earrings or barrettes in the hair to dress up their plates! They are in middle school, but this recipe is still a nostalgic favorite.



RECIPES
FOR KIDS



MINUTE ACTIVITIES

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Recipe: Go-Glow-Grow Funny Face Snack

Ingredients: Graham crackers (Go)
Peanut butter or cheese slices (Grow)
Raisins or grapes – grapes should be sliced in half (Glow)
Paper plates
Plastic knives

Instructions: Wash hands. Children spread peanut butter on graham cracker using a plastic knife or place a slice of cheese on top of the cracker. Using raisins or grapes, children can create their own funny face on their crackers.

This snack reinforces the food pyramid and the different food groups. Remind children that "go" foods are from the grain group and they give us energy to move. "Glow" foods are fruits and vegetables that help us have shiny hair and sparkly eyes. "Grow" foods are dairy and protein foods, which help us grow big and strong.

RECIPE Submitted by:

Angela Jackson
Asst. to Food Service Supervisor
St. Tammany Parish School Food
Service
Covington, LA



RECIPES
FOR KIDS



MINUTE ACTIVITIES

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MEASUREMENTS FOR SPIRIT WEAR T-SHIRTS

Width: Measure 1" below armhole and straight across from side to side.
Length: Measure from edge of collar at shoulder seam to bottom of garment.

Youth Short Sleeve (WxL)

XS: 16x20

Small: 17x22

Medium: 18x23.5

Large: 20x26.5

Adult Short Sleeve (WxL)

Small: 18x28

Medium: 20x29

Large: 22x30

XL: 24x31

2XL: 26x32

Youth Hoodie

Small: 15x18

Medium: 17x21

Large: 19x24

XL: 21x27

Adult Hoodie

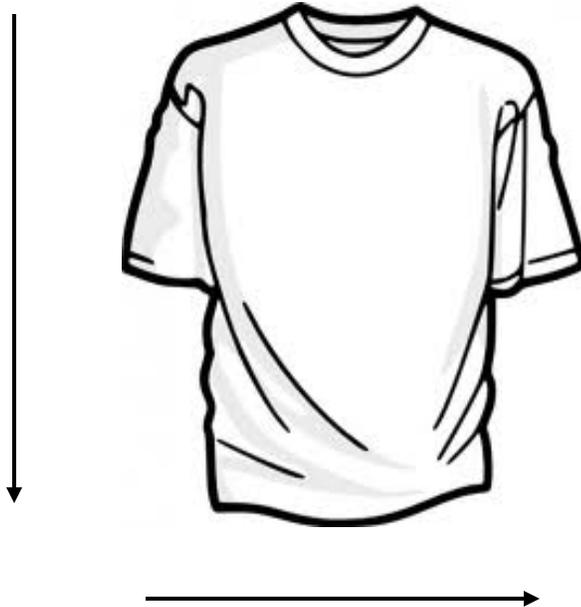
Small: 20x27

Medium: 22x28

Large: 24x29

XL: 26x30

2XL: 28x31



A STUDENT'S DICTIONARY



Presented by
The Rotary Club

Thank *verb*, to express
gratitude and appreciation

You *pronoun*, the person or
persons spoken to



West Point Elementary School will celebrate the 50th anniversary of the dedication of the school building on 31 October. A fourth grade student brought this important date to our attention after he attended open house. This month, students are researching information about John F. Kennedy and life in 1962. Their findings are being shared on the morning news throughout the month and during our 50th birthday celebration on 31 October. Students are invited to dress as a person or character from 1962 on that day. There will be cake prepared by the cafeteria and classrooms will have varied activities. At 2:10, classes will gather to listen to the presentation by the researchers and to see a special appearance by students portraying President and Mrs. Kennedy. The world has really changed in the last 50 years, but the focus on student learning to ensure success in the future has remained constant.

The music class is a very active one. If you were to stop by you might see the students up dancing, sitting in their seats following a song sheet, playing rhythm instruments or lying on the floor listening to the music of the day! We have been following the rules of "SQUILT"-Super Quiet Un-Interrupted Listening Time-by relaxing and listening to some classical music. This month, our music has been to compare the differences between Major and minor sounds. Major tends to be "happy" while students often describe minor as "sad or creepy". Some of the children are very affected by the music they listen to! After listening, the class will either put on paper their thoughts or we will have an open discussion of the piece. We try to use musical terms in our descriptions of tempo and dynamics.

Please ask your child to describe some of the music heard in class. I hope that they will share with you the wonderful things we are learning!

Sincerely,

The Music Specialist



October 2012

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5 EARLY RELEASE 11:30 FALL FIELD DAY	6
7	8 NO SCHOOL COLUMBUS DAY	9	10	11	12	13
14	15	16	17	18	19 NO SCHOOL TEACHER WORK DAY	20
21	22 BOOK FAIR 	23	24	25	26 BOOK FAIR FAMILY EXPO 4-6	27
28	29 No Pre-K Classes	30	31	1 NOVEMBER CONFERENCE DAY NO SCHOOL	2 CONFERENCE DAY NO SCHOOL	3
4	5	6	7	8	9	10