

February 2013	WEST POINT SCHOOLS LUNCH MENU			February 2013
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FYI	FYI	FYI	FYI - FUN TIMES	February 1
LUNCH PRICES Elem - \$2.25 Middle - \$2.50 Reduced - \$.25 Please call 938-3737 for Free or Reduced Lunch Application. Confidential System.	FEBRUARY 14TH Sticker Day Get a Sticker on Your Lunch Tray and Win a Valentine's Day Prize. Good Luck	Nutrition Game Students Have Named Their Fruits & Veggies. Tell The Cashier The Veggie or Fruit Name of The Week and Win A Sticker. Read Your Menu	EACH MONTH WE WILL FEATURE A HEALTHY RECIPE SUBMITTED BY A STUDENT IN OUR ELEMENTARY SCHOOL THIS MONTH - GRADE K EMMA HEFLIN - Ms. May	IN SERVICE DAY NO SCHOOL
February 4	February 5	February 6	February 7	February 8
OVEN BAKED CHICKEN FRIES or TURKEY & CHEESE WRAP Tator Tots Gorgeous Green Beans Chilled or Fresh Fruit	TOASTED CHEESE ON WHEAT or HOT DOG ON BUN Chicken Noodle Soup Mixed Vegetables Pudding & Fruit	SPAGHETTI w/wo MEATBALLS or CHICKEN FAJITA Warm Bread Stick Tossed Salad Cup Chilled or Fresh Fruit	OVEN BAKED BBQ CHICKEN or PIZZA HOT POCKET Seasoned Brown Rice Carrot Coins Chilled Fruit Cup	PIZZA PLAIN OR PEPPERONI or HAM & CHEESE WRAP Seasoned Noodles Corn Niblets Chilled Fruit Cup
February 11	February 12	February 13	VALENTINE'S DAY	February 15
OVEN BAKED CHICKEN TENDERS or TURKEY SALAD WRAP Vegetable Pasta Salad Green Beans Chilled or Fresh Fruit	NACHO'S w/wo MEAT OR CHEESE or CHICKEN FAJITA Mexican Corn Orange See-Saws Chilled Fruit Cup	OVEN BAKED MAC & CHEESE or HOT DOG ON BUN Italian Bread Slice Tossed Salad Cup Dessert Cookie & Fruit	CHEESEBURG DELUXE ON BUN or SLOPPY JOE ON BUN Crispy French Fries Lettuce & Pickle Cup Cherry Jello & Fruit	1/2 DAY FOR STUDENTS NO LUNCH SERVICE
February 18	February 19	February 20	February 21	EMMA HEFLIN'S
PRESIDENT'S DAY  NO SCHOOL	FUN SHAPED CHICKEN NUGGETS or GOLDEN FISH STICKS Tator Tots Curious Carrot Coins Chilled or Fresh Fruit	FRENCH TOAST STICKS w/ Syrup or Ham, Egg and Cheese Bagel Sausage Patty Orange Juice Cup Chilled or Fresh Fruit	CRISPY CHICKEN PATTY ON BUN or HOT DOG ON BUN French Fries Lettuce & Tomato Cup Dessert Cookie & Fruit	LUNCHABLE PIZZA or HAM & CHEESE WRAP Fresh Vegetable Sticks Fresh Apple Chilled Fruit Cup
February 25	February 26	February 27	February 28	
SPAGHETTI w/wo MEATBALLS or HOT DOG ON BUN Slippery Salad Cup Warm Bread Stick Chilled or Fresh Fruit	CHEESEBURG DELUXE ON BUN or CHEESE QUESADILLA Lettuce & Pickle Cup Tator Tots Pudding Cup & Fruit	HARD SHELL TWIN TACOS or BEEF/BEAN BURRITO Fluffy Brown Rice Lettuce & Cheese Cup Chilled or Fresh Fruit	OVEN BAKED BBQ CHICKEN or PONCHO PUP Mashed Potatoes Corn Niblets Icy Juicy Treat	