December 2008
BREAKFAST

Baked Tater Tots & Ham Pancakes or French Toast Cold or Hot Cereal/Toast/Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with a Bread Alternate Fruit or Juice and Choice of Milk 1	Open Face Tomato Sandwich Pancakes or French Toast Cold or Hot Cereal/Toast/Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with a Bread Alternate Fruit or Juice and Choice of Milk 2	Spanish Omelet Pancakes or French Toast Cold or Hot Cereal/Toast/Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with a Bread Alternate Fruit or Juice and Choice of Milk 3	Banana Bread/ Sliced Ham Pancakes or French Toast Cold or Hot Cereal/Toast/Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with a Bread Alternate Fruit or Juice and Choice of Milk 4	Pancakes/Scrambled Eggs Cold or Hot Cereal/Toast/Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with a Bread Alternate French Toast Fruit or Juice 5
Scrambled Eggs & Toast Pancakes or French Toast Cold or Hot Cereal/Toast/Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with a Bread Alternate Fruit or Juice and Choice of Milk 8	Baked Tater Tots & Ham Pancakes or French Toast Cold or Hot Cereal/Toast/Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with a Bread Alternate Fruit or Juice and Choice of Milk 9	Pancakes/Sausage Links French Toast Cold or Hot Cereal/Toast/Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with a Bread Alternate Fruit or Juice and Choice of Milk 10	Breakfast Pizza Pancakes or French Toast Cold or Hot Cereal/Toast/Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with a Bread Alternate Fruit or Juice and Choice of Milk 11	Egg and Cheese on Bun Pancakes or French Toast Cold or Hot Cereal/Toast/Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with a Bread Alternate Fruit or Juice and Choice of Milk 12
Sausage Patty & Cheese on Bun Pancakes or French Toast Cold or Hot Cereal/Toast/Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with a Bread Alternate Fruit or Juice and Choice of Milk 15	Corn Bread & Sausage Links Pancakes or French Toast Cold or Hot Cereal/Toast/Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with a Bread Alternate Fruit or Juice and Choice of Milk 16	Cinnamon Roll & Scrambled Egg Pancakes or French Toast Cold or Hot Cereal/Toast/Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with a Bread Alternate Fruit or Juice and Choice of Milk 17	Sauteed Potato Chunks & Ham Pancakes or French Toast Cold or Hot Cereal/Toast/Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with a Bread Alternate Fruit or Juice and Choice of Milk 18	TEACHER WORKDAY PK-12 NO STUDENTS 19

In the operation of Child Nutrition Programs, no child will be discriminated against because of race, color, sex, age, handicap or national origin. Any person who believes he or she has been discriminated against in any USDA related activity should write to USDA Director, Office of Civil Right Room #326-W Whitten, Building #1400, Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202)-720-5964.

December 2008

Lunch Menu AES

PORK LOIN MASHED POTATOES OATMEAL ROLL CARROT STICKS CHOICE OF FRUIT VARIETY OF MILK 1	CHICKEN & MACARONI & CHEESE HOLE WHEAT KOLACHE/ LETTUCE & TOMAT GRAPES OR FRUIT CUP VARIETY OF MILK 2	BEEF BURRITO CONDIMENTS STEAMED BROCCOLI ORANGE WEDGES WHOLE WHEAT ROLL & MARGARINE VARIETY OF MILK 3	PEPPER STEAK CHINESE RICE GARDEN SALAD APPLESAUCE WHOLE WHEAT CHOCOLATE CHIP COOKIE VARIETY OF MILK 4	CHEESE PIZZA OR CHEESEBURGER ON BUN BAKED SPICY SWEET POTATOES LETTUCE & TOMATO/SWEET PEAS CHOICE OF FRUIT WHOLE WHEAT SCHOOL FAVORITE MUFFIN VARIETY OF MILK 5
ROASTED TURKEY ICY SWEET POTATOES OR RICE & CHICKPE CRISP VEGETABLE RELISH PEAR HALVES WHOLE WHEAT BREAD SLICE VARIETY OF MILK 8	PORK OR TUNA WHOLE WHEAT SANDWICH BROCCOLI CREAM SOUP CAESAR SALAD/FRESH APPLE WHOLE WHEAT CHOCOLATE CHIP COOKIE VARIETY OF MILK 9	CHICKEN BURRITO/REFRIED BEANS CARROT & CELERY STICKS MACARONI SALAD FRESH BANANA WHOLE WHEAT SUGAR COOKIE VARIETY OF MILK 10	SPAGUETTI WITH CHICKEN CHEF SALAD DINNER ROLL CHOICE OF FRUIT VARIETY OF MILK 11	PORK PEPPER STEAK& RICE STEWED PINK BEANS GREEN BEANS WATERMELON WHOLE WHEAT SCHOOL FAVORITE MUFFIN VARIETY OF MILK 12
CHICKEN & PASTA CRYSPY BROCCOLI & CAULIFLOWER PITA CHIPS FRUIT CUP VARIETY OF MILK 15	BAKED CHICKEN RICE/ STEWED PINTO BEANS LETTUCE AND TOMATO ORANGE SLICE WHOLE WHEAT ROLL VARIETY OF MILK 16	**MANAGERS CHOICE** 17	**MANAGERS CHOICE** 18	TEACHER WORK DAY NO SCHOOL 19

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December 2008
Lunch Menu

BBQ CHICKEN/PORK LOIN **MASHED POTATOES**/RICE STEWED PINK BEANS OATMEAL ROLL CARROT STICKS CHOICE OF FRUIT VARIETY OF MILK 1	TURKEY SANDWICH **SWISS CHEESE**/CAESAR DRESS. OR CHICKEN & MACARONI & CHEESE HOLE WHEAT KOLACHE/ LETTUCE & TOMAT **THICK VEGETABLE SOUP** GRAPES OR FRUIT CUP VARIETY OF MILK 2	BEEF BURRITO **OR CHICKEN CANNELLONI** STEAMED BROCCOLI ORANGE WEDGES WHOLE WHEAT ROLL & MARGARINE VARIETY OF MILK 3	PEPPER STEAK CHINESE RICE/**MEXICAN TACOS** GARDEN SALAD APPLESAUCE WHOLE WHEAT CHOCOLATE CHIP COOKIE VARIETY OF MILK 4	CHILI HOT DOG/VEGGIE PIZZA **OR CHEESEBURGER ON BUN** **BAKED SPICY SWEET POTATOES** LETTUCE & TOMATO/SWEET PEAS CHOICE OF FRUIT WHOLE WHEAT SCHOOL FAVORITE MUFFIN VARIETY OF MILK 5
ROASTED TURKEY ICY SWEET POTATOES OR RICE & CHICKPE CRISP VEGETABLE RELISH PEAR HALVES WHOLE WHEAT BREAD SLICE VARIETY OF MILK 8	**PORK OR TUNA WHOLE WHEAT SANDWICH** OR TURKEY PASTA SALAD BROCCOLI CREAM SOUP CAESAR SALAD/FRESH APPLE WHOLE WHEAT CHOCOLATE CHIP COOKIE VARIETY OF MILK 9	CHICKEN BURRITO/REFRIED BEANS CARROT & CELERY STICKS PICO DE GALLO/MACARONI SALAD FRESH BANANA WHOLE WHEAT SUGAR COOKIE VARIETY OF MILK 10	BEEF STEW & RICE PILAF **SPAGUETTI WITH CHICKEN** FRESHLY BAKED WHOLE WHEAT BREAD CHEF SALAD CHOICEOF FRUIT VARIETY OF MILK 11	**PORK PEPPER STEAK & RICE** STEWED PINK BEANS OR MANAGER CHOICE GREEN BEANS WATERMELON WHOLE WHEAT SCHOOL FAVORITE MUFFIN VARIETY OF MILK 12
CHIKEN &PASTA/SLOPPY JOE ON BUN CHILI BEANS & BAKED POTATO CRISPY BROCCOLI & CAUIFLOWER PITA CHIPS BEANS SOUP FRUIT CUP VARIETY OF MILK 15	BAKED CHICKEN RICE/STEWED PINTO BEANS **OR MANAGER CHOICE** LETTUCE & TOMATO ORANGE SLICED WHOLE WHEAT ROLL VARIETY OF MILK 16	**MANAGERS CHOICE** 17	**MANAGERS CHOICE** 18	**TEACHER WORK DAY NO SCHOOL** 19

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