

Girls Physical Education

The girls P.E. department strives to provide a positive impact on our students by introducing them to a wide variety of activities. We teach them the skills and knowledge necessary to give them the confidence they need to live physically active lives. We hope to prepare them to avoid many major diseases and live healthier, less stressful and more productive lives than those who live sedentary lives.

Students will need the following items for P.E.:

- **Athletic Shoes**
- **Faith Middle School logo uniform**
- **Solid colored sweat shirt and pants for cooler weather**
- **A combination lock for their P.E. locker**