

Menu Notes	Monday	Tuesday	wednesday	Thursday	Friday	NOTES
<p>One slice of toast w/ jelly will be served each day with breakfast. Choice of cold milk will be served each day with breakfast and lunch. Cereal is offered as a second entree choice each day for Breakfast.</p> <p>Nutritious meals are essential to the growth and development of our children. Well-balanced lunches are available to your child on a daily basis in the school cafeteria. Fort Bragg Schools participates in the National School Lunch Program, which means that we must meet certain nutritional criteria when we serve your child lunch. Each lunch we serve offers you child: Protein, Fruits, Vegetables, Bread, and Milk.</p> <p>Offer vs. Serve: We encourage you to discuss menu selections at home with your child. Help them to learn to make wise nutritious menu selections. Your child may refuse 1 or 2 menu items as they proceed through the lunch line and still meet the requirements of the school lunch program.</p> <p>Fresh Fruit Choices - Whole Pieces of Fruit are available every day as Fruit/Vegetable Choice.</p>	3	4	5	6	7	<p>In accordance with Federal law and U. S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.</p> <p>To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.</p> <p style="text-align: center;"></p> <p>Print a copy of this menu by clicking here.</p> <p><i>(This is a pdf file - click herefor information)</i></p> <p style="text-align: center;">***</p> <p>MENU SUBJECT TO CHANGE WITHOUT NOTIFICATION</p> <p style="text-align: center;">***</p>
	B: Scrambled Eggs w/ Grits or Cereal Applesauce L: CHOOSE ONE Pepperoni Pizza or Cheeseburger CHOOSE TWO Corn on Cob Green Beans Shredded Lettuce w/ Pickle Chips Fruit Cup Applesauce	B: Breakfast Pizza or Cereal Peaches L: CHOOSE ONE Taco Salad w/Chips & Roll or Hot Ham & Cheese Sandwich CHOOSE TWO Steamed Corn Garden Peas Shredded Lettuce w/ Diced Tomatoes Orange Wedges Fresh Whole Apple	B: Pancake N' Sausage or Cereal Applesauce L: CHOOSE ONE Baked Chicken w/Roll or Hotdog w/Chili CHOOSE TWO Parsley Potatoes Black-eyed Peas Steamed Cabbage Congealed Fruit Salad Banana	B: French Toast Sticks w/ Syrup or Cereal Peaches L: CHOOSE ONE Vegetable Meat Soup w/ Grilled Cheese Sandwich or Chicken Sandwich CHOOSE TWO Corn on Cob Oven Baked Fries Baked Beans Fruit Cup Orange Wedges	B: Scrambled Eggs w/ Grits or Cereal Orange Wedges L: CHOOSE ONE Fish Portion w/ Cornbread or Macaroni & Cheese w/ Diced Ham and Roll CHOOSE TWO Potato Rounds Green Beans Sweet Potato Fluff Congealed Fruit Salad Fresh Grapes	
	10	11	12	13	14	
	B: French Toast Sticks w/Syrup or Cereal Chilled Peaches Toast (1) w/ Jelly L: CHOOSE ONE Hotdog w/Chili or Ham & Cheese Sandwich CHOOSE TWO Oven Baked Potatoes Corn on Cob Baked Beans Fruit Cup Orange Wedges	B: Scrambled Eggs w/ Grits or Cereal Applesauce Toast (1) w/ Jelly L: CHOOSE ONE Christmas Dinner Turkey & Dressing w/ Trimmings or Corndog CHOOSE TWO Sweet Potato Fluff Broccoli Casserole Lima Beans Waldorf Salad Congealed Fruit Salad Dessert: Sweet Potato Pie	B: Cheese Toast or Cereal Orange Wedges Toast (1) w/ Jelly L: CHOOSE ONE Spaghetti w/ French Bread or Cheeseburger CHOOSE TWO Steamed Peas & Carrots Oven Baked Fries Steamed Corn Chilled Peaches Manager's Choice	B: Cheese Toast or Cereal Orange Wedges Toast (1) w/ Jelly L: CHOOSE ONE Spaghetti w/ French Bread or Cheeseburger CHOOSE TWO Steamed Peas & Carrots Oven Baked Fries Steamed Corn Chilled Peaches Manager's Choice	B: Pancake N' Sausage or Cereal Fruit Cup Toast (1) w/ Jelly L: CHOOSE ONE Vegetable Meat Soup w/ Grilled Cheese Sandwich or Manager's Choice CHOOSE TWO Corn on Cob Manager's Choice Fruit Cup Orange Wedges Raw Veggies	
	17	18	19	20	21	
	B: Scramble Eggs w/ Grits or Cereal Peaches Toast (1) w/ Jelly L: CHOOSE ONE Cheese Pizza or Sloppy Joe CHOOSE TWO Corn on Cob Green Beans Tossed Salad Orange Wedges Fruit Cup	B: Breakfast Pizza or Cereal Applesauce Toast (1) w/ Jelly L: CHOOSE ONE Hotdog w/Chili or Cheeseburger CHOOSE TWO Oven Baked Potatoes Baked Beans Congealed Fruit Salad Sliced Peaches Coleslaw	<p style="color: red; font-size: 2em; font-weight: bold; text-decoration: underline;">Happy Holidays from the Lunch Bunch!</p>  <p style="color: red; font-size: 1.5em; font-weight: bold;">Winter Break</p> <p style="color: red; font-size: 1.5em; font-weight: bold;">Student Return January 3, 2008</p>			