


**National School Lunch Week  
October 12-16  
Be on the All-Star Team**

<p>10/5 B: Pancake N' Sausage or Cereal Applesauce COLD MILK L: CHOOSE ONE Pepperoni Pizza or Sub Sandwich CHOOSE TWO Garden Peas Corn On Cob Shredded Lettuce w/Diced Tomatoes Fresh Pears</p> <p>CHOOSE ONE COLD MILK</p>	<p>10/6 B: Scramble Eggs w/ Grits or Cereal Fresh Cut Cantaloupe COLD MILK L: CHOOSE ONE Spaghetti w/ French Bread or Hotdog w/ Chili CHOOSE TWO Pinto Beans Tossed Salad Orange Wedges Coleslaw</p> <p>CHOOSE ONE COLD MILK</p>	<p>10/7 B: Blueberry Muffin W/ Oatmeal or Cereal Orange juice COLD MILK L: CHOOSE ONE Turkey Pastry w/ Corn Muffin or Corndog CHOOSE TWO Sweet Potato Fluff Green Beans Orange Wedges Red Seedless Grapes</p> <p>CHOOSE ONE COLD MILK</p>	<p>10/1 B: Grilled Cheese Sandwich or Cereal Applesauce COLD MILK L: CHOOSE ONE Baked Chicken w/ Roll or Hotdog w/Chili CHOOSE TWO Steamed Corn Parsley Potatoes Coleslaw w/ Carrots Cantaloupe</p> <p>CHOOSE ONE COLD MILK</p>	<p>10/2 B: B: Ham Biscuit w/ Oatmeal or Cereal Banana, Diced Apples, Peaches COLD MILK L: CHOOSE ONE Cheeseburger or Fish Portion w/ Cornbread CHOOSE TWO Garden Peas Oven Fries Peach Cup Coleslaw</p> <p>CHOOSE ONE COLD MILK</p>
<p>10/12 COLUMBUS DAY HOLIDAY</p>  <p>NON-STUDENTS-DAY</p>	<p>10/13 B: Pancake N' Sausage or Cereal Sliced Peaches COLD MILK L: CHOOSE ONE Cheese Pizza or Sloppy Joe CHOOSE TWO Steamed Broccoli w/ Cheese Sauce Corn on Cob Green Tossed Salad Orange Wedges</p> <p>CHOOSE ONE COLD MILK</p>	<p>10/14 B: Scramble Eggs w/ Grits or Cereal Fresh Apple Wedges COLD MILK L: CHOOSE ONE Grilled Cheese Sandwich w/ Vegetable Soup &amp; Crackers or Hotdog w/ Chili CHOOSE TWO Red Potatoes w/ Herbs Steamed Corn Congealed Fruit Salad Coleslaw</p> <p>CHOOSE ONE COLD MILK</p>	<p>10/15 B: Breakfast Pizza or Cereal Potato Rounds COLD MILK L: CHOOSE ONE Lasagna w/ French Bread or Turkey Deli w/Cheese on Whole Wheat CHOOSE TWO Steamed Carrots Garden Peas Tossed Salad w/ Dressing Orange Wedges</p> <p>CHOOSE ONE COLD MILK</p>	<p>10/16 B: B: Super Doughnut w/ Oatmeal or Cereal Apple or Grape Juice COLD MILK L: CHOOSE ONE Cheeseburger or Fish Sticks w/ Roll CHOOSE TWO Oven Baked Fries Green Beans Tossed Salad w/ Dressing Applesauce Dessert: Blueberry Cobbler</p> <p>CHOOSE ONE COLD MILK</p>
<p><b>NATIONAL SCHOOL LUNCH WEEK -</b></p>				
<p>10/19 B: Breakfast Bagel or Cereal Orange Wedges COLD MILK L: CHOOSE ONE Chicken Tenders w/ Dip &amp; Roll or Baked Potato w/Meat &amp; Cheese Sauce w/ Roll CHOOSE TWO Steamed Broccoli Corn On Cob Green Beans Sliced Peaches w/Diced Apples</p> <p>CHOOSE ONE COLD MILK</p>	<p>10/20 B: Breakfast Pizza or Cereal Applesauce COLD MILK L: CHOOSE ONE Beef-A-Roni or Turkey Deli w/ Cheese Sandwich CHOOSE TWO Boiled Potatoes Pinto Beans Tossed Salad Orange Wedges</p> <p>CHOOSE ONE COLD MILK</p>	<p>10/21 B: French Toast Sticks w/ Syrup or Cereal Fresh Bananas COLD MILK L: CHOOSE ONE Tacos or Pepperoni Pizza CHOOSE TWO Steamed Corn Green Beans Lettuce w/Diced tomatoes Congealed Fruit Salad</p> <p>CHOOSE ONE COLD MILK</p>	<p>10/22 B: Scramble Eggs w/ Grits or Cereal Banana, Diced Apples &amp; Peach Cup COLD MILK L: CHOOSE ONE Oven Baked Chicken or Cheese Burger CHOOSE TWO Creamed Potatoes Lima Beans Sliced Peaches Baked Apples</p> <p>CHOOSE ONE COLD MILK</p>	<p>10/23 B: Pancake N' Sausage or Cereal Grape Juice COLD MILK L: CHOOSE ONE Fiswich or Turkey Salad w/ Crackers CHOOSE TWO Oven Baked Fries Green Beans Coleslaw Orange wedges</p> <p>CHOOSE ONE COLD MILK</p>
<p>10/26 Breakfast Pizza or Cereal Applesauce COLD MILK L: CHOOSE ONE Pepperoni Pizza or Sloppy Joe CHOOSE TWO Green Beans Steamed Corn Tossed Salad Applesauce</p> <p>CHOOSE ONE COLD MILK</p>	<p>10/27 Scramble Eggs w/Grits or Cereal Orange Wedges COLD MILK L: CHOOSE ONE Spaghetti w/ Meat Sauce &amp; French Bread or Cheeseburger CHOOSE TWO Parsley Potatoes Green Peas Lettuce w/ Pickle Chips Sliced Peaches</p> <p>CHOOSE ONE COLD MILK</p>	<p>10/28 B: B: Waffles w/ Maple Syrup or Cereal Fresh Bananas COLD MILK L: CHOOSE ONE Turkey Pastry w/ Blueberry Muffin or Hotdog w/ chili CHOOSE TWO Sweet Potato Fluff Green Beans Lettuce w/Diced tomatoes Congealed Fruit Salad Coleslaw</p> <p>CHOOSE ONE COLD MILK</p>	<p>10/29 B: Scramble Eggs w/ Grits or Cereal Orange Juice COLD MILK L: CHOOSE ONE Oven Baked Chicken or Corndog CHOOSE TWO Creamed Potatoes Lima Beans Sliced Peaches Lettuce w/ Pickle Chips</p> <p>CHOOSE ONE COLD MILK</p>	<p>10/30 B: Pancake N' Sausage or Cereal Applesauce COLD MILK L: CHOOSE ONE Bag Lunches Turkey Deli Sandwich Fresh Whole Apple Carrot and Celery Sticks Oatmeal Raisin Cookie</p> <p><b>3 Hr Early dismissal ( NO PRE-K )</b> CHOOSE ONE COLD MILK</p>

THIRD CHOICE AVAILABLE - (Students & Teachers) - All Schools will offer Salad Every day  
MENU SUBJECT TO CHANGE WITHOUT NOTIFICATION

\*Fresh Fruit Choices - Whole Pieces of Fruit are available Every day as Fruit/Vegetable Choice.  
STUDENTS BREAKFAST COST: FULL PAY: PK - 9 \$1.00; REDUCED: PK - 9 \$0.30; FREE: PK - 9 \$0.00  
STUDENTS LUNCH COST: FULL PAY: PK - 9th \$2.00; REDUCED: PK - 9 \$0.40; FREE: PK - 9 \$0.00

CHECK . . . THE . . . BACK . . .