

In America,

- Between 1.6 to 2.8 million youth run away in a year. (National Runaway Switchboard, 2011)
- More than 1 million children each year experience their parents' divorce. (Encyclopedia of Children's Health, 2011)
- About 7,000 students drop out every school day. (Alliance for Excellent Education, 2010)
- 50% of homeless youth age 16 or older reported having dropped out of school, having been expelled, or having been suspended. (National Runaway Switchboard, 2011)
- Suicide is the third leading cause of death among those 15-24 years old. (American Foundation for Suicide Prevention, 2007)
- A report of child abuse is made every ten seconds. (ChildHelp, 2011)
- Child abuse occurs at every socioeconomic level, across ethnic and cultural lines, within all religions and at all levels of education. (ChildHelp, 2011)

**Fort Bragg
School Counselors'
Mission**

...to ensure that all students receive the skills necessary to be productive and active members of our democratic society, possessing self-direction, a positive self-image, and an understanding of self and others. (DoDEA Manual 2946.2, 2006)

The DODEA Competency-Based Counseling Program will promote and enhance student learning by focusing on three interrelated areas: Academic Development, Career Development, and Personal/Social Development. (DoDEA Manual 2946.2, 2006)

**PROFESSIONAL
SCHOOL
COUNSELORS**

**Learning...
Growing...
Changing...**

**Albritton Middle School
P.O. Box 70089
Ft. Bragg, NC 28307
910-907-0201**

Janine Crist: 6th and 8th grade
jacqueline.crist@am.dodea.edu

Natalie daSilva: 6th and 7th grade
Natalie.daSilva@am.dodea.edu

What are the Goals of a School Counselor?

- To help students develop self-awareness, self-confidence and self-esteem
- To help students recognize and make the best use of their capabilities
- To help students feel worthwhile
- To give students an opportunity to talk about their educational, personal and social concerns
- To help students better adjust to their school and home environments
- To help students develop an awareness of the world of work
- To help students in the decision-making process

With Whom Does A School Counselor Consult?

- Students
- Parents
- Teachers
- Administrators
- Social Workers
- Public personnel representatives
- Community resource personnel
- Physicians, nurses, psychologists and mental health professionals

What Does A Counselor Do?

- Talks with students individually and in groups
- Gains understanding of students through observation in the classroom
- Works with potentially “at-risk” students
- Helps students relate to others
- Promotes positive attitudes and values among students
- Actively listens to concerns of parents, teachers and peers in helping students
- Responds to identified concerns
- Provides follow-up, prevention, remediation and crisis intervention services
- Helps people make better use of community resources
- Uses test data to provide information about abilities, achievement, interests and needs
- Assists students in coping with psychosocial developmental issues
- Coordinates efforts with other school specialists
- Coordinates referrals to outside agencies
- Facilitates parent discussion groups
- Helps with school, college, job, career and personal plans
- Maintains confidentiality

Who is the School Counselor?

- A specially trained professional with a Masters degree in School Counseling
- A caring person who helps all students
- A coordinator of information
- A consultant
- An advocate for students

Where Can Counseling Take Place?

- In the counselor’s office
- In the classroom
- In the hallway
- On the school grounds
- In the lunchroom

How Does The Student Access the Counselor?

- Appointment made by the counselor
- Self-referral
- Parent referral
- Administrative referral
- Teacher or other staff referral
- Referral by a friend
- Walk-in

