



IRWIN INTERMEDIATE SCHOOL
P.O. Box 70089
FORT BRAGG, NORTH CAROLINA 28307-0089
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Dr. Tim Howle
Principal

Ms. Tracy Sharp
Assistant Principal

PHYSICAL EDUCATION GUIDELINES

- Students are required to wear proper footwear to class for safety and to participate in the day’s activity. Proper footwear includes sneakers/tennis shoes/athletic shoes. Shoes must be fastened or tied so that the footwear will not easily come off the student’s foot.
- NO SANDALS, FLIP FLOPS, DRESS SHOES, HIGH HEELS, PLATFORM SHOES OR HIKING BOOTS OF ANY KIND.
- Students should wear the following school uniform attire so they can easily move during activity: shorts, comfortable pants worn on waist, shirts, sweatshirts, athletic clothing, if wearing dress or skirt-shorts underneath. **Please keep in mind that what is worn to physical education class must comply with the Irwin Intermediate School uniform policy.**

Grading Rubrics

- Grades are given every nine weeks based off of a rubric system. A rubric system awards points for achievement levels. The student will have an opportunity to excel in all or some of the rubrics.
- Students will earn 15 points per class based on the following rubrics: wearing proper footgear, level of participation, and sportsmanship/attitude/behavior.
- The following rubric is based on the student attending 18 classes over the nine week grading period.

Grading Rubric						
POINT VALUE	5	4	3	2	1	0
SNEAKERS	ZERO MISSES	1 MISS	2 MISSES	3 MISSES	4 MISSES	5 OR MORE MISSES
PARTICIPATION	ZERO REMINDER	1 REMINDERS	2 REMINDERS	3 REMINDERS	4 REMINDERS	5 OR MORE REMINDERS
SPORTSMANSHIP ATTITUDE BEHAVIOR	ZERO PROBLEMS	1 PROBLEM	2 PROBLEMS	3 PROBLEMS	4 PROBLEMS	5 OR MORE PROBLEMS

E: 260-270 PTS/9WKS

M: 162-215 PTS/9WKS

S: 108-161 PTS/9WKS

L: 54-107 PTS/9WKS

CLASSROOM RULES

1. ENTER AND EXIT QUIETLY
2. RESPECT SELF OTHERS AND EQUIPMENT
3. FOLLOW DIRECTIONS
4. NO CHEWING GUM OR EATING
5. KEEP HANDS FEET COMMENTS AND OBJECTS TO YOURSELF
6. ACTIVELY LISTEN WHEN A TEACHER OR CLASSMATE IS SPEAKING
7. DO YOUR BEST

TIME FOR REFLECTION AREA

- When a student does not follow the rules, they are to take a designated color card and go to the reflection area. In some sports, a color card is given for those who need a cooling off time to reflect on their behavior choices. We have implemented a similar system for physical education.
- Yellow cards are given for the first two infractions.
- A red card is given for the third infraction or a serious infraction.
- The student must follow the directions for each card to be released from the reflection area. Failure to do so will result in another card. When the student reaches a red card and fails to follow directions (resulting in two red cards), the parent will be notified. A third red card will result in an office referral and a fourth will result in continued parental notification and office referrals. The following chart will be posted in the gymnasium.

TIME FOR REFLECTION		
CARDS	DIRECTIONS	CONSEQUENCES
1st YELLOW CARD	2 minutes to reflect	TAKE A 2nd YELLOW CARD
2nd YELLOW CARD	5 minutes to reflect	TAKE THE 1ST RED CARD
1ST RED CARD	10 minutes to reflect	TAKE A 2ND RED CARD PARENTAL NOTIFICATION
2ND RED CARD PARENT NOTIFICATION	Failure to make good choices after receiving 2 ND red card	TAKE A 3RD RED CARD OFFICE REFERRAL
3RD RED CARD OFFICE REFERRAL	Student continues to have trouble making good choices	CONTINUED PARENT NOTIFICATION AND OFFICE REFERRAL

Feel free to contact us if you have any questions. We can be reached through email or by phone. Email communication is preferred. Please fill out the bottom and return as soon as possible.

Thank you,

The Physical Education Department email (Jessica.alvarez@am.dodea.edu)

Mrs. Alvarez

Mr. Kennedy

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Student Name _____

Homeroom Teacher _____

Parent Signature _____

Date _____