



From Pope ES Guidance Counselor

Dear Parents,

It is that time of year that we have all been looking forward to! **The TerraNova Assessment** will be administered to 3rd and 4th grade students on the following dates: **Monday, March 9 through Friday, March 13, 2009.**

Here are some friendly reminders on how you may help us in the administration of this important assessment.

- If your child is in the 3rd or 4th grade, plan to attend the assessment workshop for parents on Feb 5 at 2:00 pm and Feb 12 at 9:00 am.
- Continue to boost your child's confidence by expressing your belief in his or her ability to do well. Talk briefly about the test in an encouraging way.
- Have your child go to bed early enough each night to get plenty of rest.
- Set the alarm to go off a little early to allow your child time to eat and dress without rushing.
- Prepare a healthy, but not heavy, breakfast on the day of the test
- Be sure that your child is on time for school.

- Maintain a relaxed environment at home. Avoid conversations during testing times that may arouse anxiety, conflict or unpleasantness.

- Please do not schedule any appointments during the assessment times. All missed sub-tests must be later administered during make-up sessions. It is easier for your child to take the subject test with their class than individually.
- If you have any further questions please give me a call at 907-0209

