For more information, ask your healthcare provider or call
800-CDC-INFO (800-232-4636) • Website **www.cdc.gov/flu**

Protect your Kids from influenza

Flu is a serious illness

Each year about 1 in every 1,000 children younger than 5 years old will be hospitalized in the U.S. because of the flu.

How can *you* protect them?

- Get your kids vaccinated
- Get *your* flu vaccination

Department of Health and Human Services
Centers for Disease Control and Prevention

Protect yourself. Protect your children.
Get Your Flu Vaccine!