

## Fort Jackson Schools October Menu

Monday	Tuesday	Wednesday	Thursday	Friday
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Menu subject to change without notice

<b>LUNCH</b>		1 Chef Salad Pretzel Mixed Fruit  Cold Milk	2 Circus Corn Dogs Broccoli Cuts Chilled Applesauce Chocolate Chip Cookie  Cold Milk	3 Breaded Chicken Steamed Rice Chicken Gravy Green Beans Biscuit Juice Bar  Cold Milk
6  Hot Dog on a Bun Cole Slaw Baked Beans Fresh Apple  Cold Milk	7 Spaghetti w/ Meat Sauce Garlic Bread Green Beans Juice Bar  Cold Milk	8 Salisbury Steak w/ Gravy Mashed Potatoes Seasoned Broccoli Chilled Fruit Bread  Cold Milk	9 Grilled Cheese Sandwich Chicken Noodle Soup Chilled Pears  Cold Milk	10 Fish Sticks Simmered Corn Sliced Peaches Chocolate Pudding  Cold Milk
13 HOLIDAY  Cold Milk	14 Pepperoni Pizza Garden Peas Orange Wedges Vanilla Puddings  Cold Milk	15 Chef Salad Pretzel Mixed Fruit  Cold Milk	16 Teriyaki Chicken Fried Rice Vegetable Combo Pineapple Tidbits  Cold Milk	17 Turkey Tetrzzini Seasoned Green Beans Chilled Peaches Slice Bread  Cold Milk
20 Chicken & Cheese Quesadilla Yellow Rice Seasoned Mixed Vegetables Fresh Apples  Cold Milk	21 Baked Lasagna Garlic Toast Seasoned Green Beans Orange Wedges  Cold Milk	22 Taco Salad/w Lettuce & Cheese Spanish Rice Applesauce  Cold Milk	23 BBQ Chicken on Bun Potato Wedges Glazed Carrots Mixed Fruit  Cold Milk	24 Turkey Hoagie w/ Lettuce Tater Tots Peaches  Cold Milk
27 Cheese Pizza Simmered Corn Chilled Pears  Cold Milk	28 Golden Chicken Nuggets Yellow Rice Good Garden Peas Sliced Peaches  Cold Milk	29 Macaroni & Cheese w/Ham Broccoli Cuts Chilled Applesauce Chocolate Chip Cookie  Cold Milk	30 Baked Chicken Steamed Rice Chicken Gravy Green Beans Biscuit Juice Bar  Cold Milk	31 <b style="background-color: yellow;">Birthday Bash</b> Cheeseburger Oven Fries Mixed Fruit Birthday Cake   Cold Milk

**Non-discrimination Statement:** This explains what to do if you believe you have been treated unfairly. IAW Federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, Room 326-W, Whitten Bldg, 1400 Independence Ave, SW, Wash DC 20250-9410 or call 202-750-5964(voice & TDD). USDA is an equal opportunity provider and employer.