



DEPARTMENT OF DEFENSE
CAMP LEJEUNE DEPENDENTS SCHOOLS
855 STONE STREET
CAMP LEJEUNE, NORTH CAROLINA 28547



23 January 2008

MEMORANDUM FOR ALL CLDS EMPLOYEES

SUBJECT: Pandemic Flu Public Education Campaign

Camp Lejeune Dependents Schools is partnering with MCB Camp Lejeune and Onslow County to launch a public education campaign to assist our community in preparing for a potential flu pandemic that could make many people sick.

It is important to know that at this time, there is no pandemic flu of any kind in the United States. There is also no bird/avian flu in the United States at this time. Public health officials are worried the avian/bird flu virus may change so that it can infect people and spread easily from person-to-person. This would cause a worldwide flu outbreak, called a “pandemic.”

Public health officials want people to protect themselves against pandemic flu and we are here to help. We are also distributing several of these materials and a similar cover letter to each CLDS family.

Here are some ways to protect yourself and your family:

- Teach your children to wash hands frequently with soap and water for 20 seconds. Be sure to set a good example by doing this yourself.
- Teach your children to cover coughs and sneezes with tissues or by coughing into the inside of the elbow. Be sure to set a good example by doing this yourself.
- Teach your children to stay at least three feet away from people who are sick.
- People who are sick should stay home from work or school and avoid other people until they are better. If your own children are sick, keep them at home. Don't send them to school.

Enclosed with this letter are some materials to help get ready for a potential pandemic flu outbreak. This information can also help prepare for any kind of emergency.

If you have questions, please contact a School Nurse or your healthcare provider.

Some other resources that you may find beneficial are listed below.

- www.am.dodea.edu (the DDESS Area Service Center)
- www.pandemicflu.gov (the Federal Government website dedicated to Pandemic Flu planning)
- www.redcross.org/news/ds/panflu (the American Red Cross Pandemic Flu page)

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