

DOLPHIN NEWS

Inspiring Learning ~ Achieving Results

Cassandra B. White, Principal

December 2008

From The Principal

Thank you to all parents who attended our parent-teacher conferences! By attending the conferences you demonstrated to your child how special they are to you and that school is important. As a school community, we strive to build harmonious relationships with parents that encourage our students to excel in every academic, social and developmental area. Continue to monitor your child's progress. Check with your child's teacher regularly. Share your email address with us and be sure to check your child's folders every school night. These are small measures we can use to ensure the communication lines remain opened and connected.

To improve your child's reading comprehension levels read with them every night. This is the most important thing you can do to help nurture their curiosity and knowledge about the world, strengthen their vocabulary and comprehension skills, and model the joy of reading. To add variety try mixing it up with some oral storytelling.

To boost your child's math problem and critical thinking skills give them word problems to solve while helping in the kitchen or in the garage. For example, give them a task that will require them to figure out how many eggs are left after you make breakfast on Saturday and bake a cake for Sunday's dessert. For the students who enjoy tinkering on their toy cars, ask them to figure out how many blue cars and red cars are parked in driveways on your street. Remind them to use the Four Step Problem Solving method they use daily at school. It is also listed below.

Step 1 – READ the problem

Step 2 – Get a PLAN.

Step 3 – SOLVE it!

Step 4 – LOOK BACK.

See your child's teacher for additional resources or perform an internet search by typing in "word problems." Several sites will provide you and your child with ample word problems to solve. A few minutes a day practicing solving word problems will improve their reading comprehension and their critical thinking skills.

With us working together, all of our students have an incredible chance for success. Do not hesitate to let me know how we can better serve your student. If you haven't done so already, please take a few moments to complete the Customer Satisfaction Survey on DoDEA's website: www.dodea.edu. Students in grades 4 and 5 are also eligible to complete this survey and will be given a chance to do so while at school. This is your chance to tell us how we are doing.

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HOLIDAY CONCERT DATES



The Delightful DeLalio Singers will once again be giving Holiday Concerts and spreading holiday cheer! Be sure to circle these dates on your calendar. Join in the fun of the season;

Kindergarten

- Sunday, December 7th Community Christmas Tree Lighting (Place removed for web)

1st and 2nd Grades

- Thursday December 16th Concert (Removed for Web)

3rd - 5th Grades

- Thursday December 18th Concert (Removed for web)

Carebridge Carolers

The 5th grade students are preparing for their annual concert at Carebridge Assisted Living Facility.



The date is set for (Removed for web) A group of 5th grade girls have been practicing a very special dance medley for the residents. Students will be transported by bus and will depart at (Removed for Web).

Military Family News

FOCUS PROJECT

Is your family struggling with coping during or after deployments? Maybe most of the family is fine but one or two are having a tough time. Maybe your child is acting out in school and you think it could be related to the wartime stress of deployments.

The help you need to build family resiliency is as close as a phone call. FOCUS PROJECT is a grant funded program which provides family training tailored to the needs of the individuals. Parents and children meet separately and together for series of 8 sessions to develop their family story and learn to build on the families strengths and plan for ways to cope in weaker areas.

The requirements are that the family is active duty military, has at least one child between the ages of 3-18, and they have been through or are in at least one deployment. If you want help for your family that is completely confidential and not connected to command, contact Project Focus at 450-0178.



MOVING SOON?

A great place to get information about schools at your new duty station is www.SchoolQuest.org. A part of the Military Child Education Coalition's website, School Quest can help you find out about testing requirements, school calendars, transition advice and more. Marine Corps Families can also visit the school liaison website and check out the links to the other duty stations' school liaisons to ask specific questions.

www.mccslejeune.com/schools

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Nursing Station

In less than 3 months, albuterol inhalers that use ozone-depleting CFC as the propellant will no longer be manufactured or sold in the United States. These inhalers have been replaced with four distinct hydrofluoroalkane (HFA)-propelled alternatives.

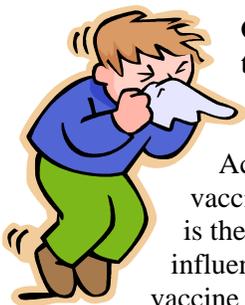
The new HFA-propelled inhalers are different than what most patients may be used to, the ACAAI emphasizes. For example, the HFA propelled plume is softer than CFC propellants and patients need to be reassured that they will be receiving the correct dose of active ingredient.

The HFA metered-dose inhalers need to be cleaned more often than CFC metered-dose inhalers because they may clog more quickly than CFC inhalers.

Also, each HFA inhaler has different priming requirements.

Flu season

Prevention: Some simple steps you can take to help keep yourself and your child healthy this flu season:



Get vaccinated. We had a great turn out for the flu clinic at Delalio. We had 182 participants.

According to the CDC, vaccination against the flu each year is the single best way to help prevent influenza. Since the virus and the vaccine changes every year, it is important to get a vaccination annually.

Wash your hands.

Frequent hand washing keeps lots of germs out of our bodies, including the influenza virus. If soap and water are not available, use a hand sanitizer.

Stay home if you don't feel well.

Should you become infected, keep the germs

from spreading by staying home - and don't forget to take care of yourself!

Do the elbow cough.

Cough into elbows, not hands where it's more likely to spread bacteria and viruses through touch.



A Message from the Cafeteria Manager

Thank you to all teachers, staff and parents who joined us on November 20, 2008 for our Holiday Dinner. It was a pleasure to see everyone come together. Please join us again for our Winter Holiday Dinner on December 11, 2008. The menu will be Roast turkey with cornbread stuffing, cranberry sauce and roll. The side dishes will be creamed potatoes, savory green beans, collards and sweet potatoes. For dessert there will be strawberry tart or candy cane cake. We look forward to seeing you again.

Please Update



Parents and students are moving house to house, here to there, Please remember we need a Lease Agreement for your **current** address. If your emergency contact moves away, please ask us to remove that name and number from your list. If you get a new cell phone number, we will need that also.

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COUNSELOR'S CORNER

Kindness Week

Delalio observed World Kindness Week, November 13 – 16, with World Kindness and Mix it Up at Lunch Day on Tuesday, 13 November. Students learned that **kindness** is caring for others and showing generosity and compassion to others. **Caring** is the act of thinking about the needs and feelings of others. **Generosity** is the willingness to give to others without expecting anything in return. **Compassion** is having a deep feeling for how others are feeling. It need not cost money or take much time to show kindness. The classroom guidance activity centered on how students show kindness at school, home, or in the community. Check out the Kindergarten Kindness Caterpillar in the cafeteria.

Parent Education Classes

There was a lot of interest for our first PEERS class, “Making Children Mind Without Losing Yours”. The class focused on a loving, no-nonsense approach to parenting. We had eleven participants who received certificates of completion. Nine attended all four classes and passed a post-test to receive a \$25 Target gift card. Congratulations!!

Our next class offering “**Nurturing America's Military Families**” will be in January and February. Participants will explore the uniqueness of being part of a military couple and family; learn strategies to support each other through the stresses of deployment, separation, and reunification; and learn ways to keep their marital and parental relationships strong. Save these dates, 21 & 28 January and 4 & 11 February, and look for the registration flyers in January. Free childcare is available.

SOAR (Student Online Achievement Resources)

This website offers very valuable standardized testing for FREE. It's for military families transitioning to another command or separating from the military. You just need to register (select MCAS New River as the base) and get usernames for sponsor, spouse and each child. At this website children can take standardized math and reading/language arts tests with results that are linked to the standards in their state or district. (The site is working on including DoDEA standards.) If you have PCS Orders, your children can take a test on the learning standards of where you're moving. You'll be directed to a tutorial that will improve skills where needed. It can also be used for enrichment. You can access your child's account any time, from anywhere. Check it out. <http://www.soarathome.com/>



LOOKING AHEAD

December 2.....Wendy's Night
December 17....CiCi's Pizza Night
December 22 – January 2Winter Recess
January 5, 2009.... School Resumes

Club USA - Parents Out of Country Support Group

If you'd like your K – 5 child(ren), to participate in monthly meetings contact our counselor, (Name Removed for Web), or your child's teacher.

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Parent Reminders

School Attendance



Children need to be in school every day to stay on track. Teachers' lesson plans are carefully designed to introduce new concepts, reinforce them with learning activities, and then move on to new skills and ideas. When children aren't in school, they fall behind. The more days they miss, the harder it is to catch up.



Report In. Parents must sign their child into school if their arrival is after the 8:45 am tardy bell. It is essential that you always contact the school if your child is going to be late for class, will need an early dismissal, or will be absent.

Telephone Numbers and Home Addresses. Some of you have moved at least three times within the last year. It is imperative that you let us know what your current telephone numbers and addresses are. Also, let us know who is authorized to pick up your child. We prefer that this authorization be in writing, but we will take the information verbally. If an adult is not listed as an emergency contact someone from the school, usually the secretary, will contact you for clearance.

Get the work. When you know ahead of time that your child will be missing class, give the teacher plenty of notice (at least 24 hours) so he or she can provide makeup work for your child. Be sure your child completes all assignments to the best of their ability – you'll need to be his or her "teacher" on those days, so be available to explain concepts or monitor work.

If your child is out unexpectedly, due to illness or other reasons, in addition to contacting the school office, make arrangements with your child's teacher to pick up a packet of work from school. If the absence is lengthy (e.g. for surgery), alert teachers as soon as you know and get updated assignments and work packets as the days go on.

Religious Absences. It is inevitable that some families' important religious observances will fall on school days. Let your children's teachers know early in the year precisely which days your children will not be attending or will need to leave early.

How sick is too sick? It's impossible to say categorically when a child should go to school

or stay home. However, one typical guideline is that a child is usually fine to attend school if his or her fever is under 100° and there is no rash, "pink eye", nausea, vomiting or diarrhea.

Faking it? If your child is complaining of a fever, but you're suspicious, make sure to stay in the room the entire time the child's temperature is being taken. A child complaining of nausea will probably be paler in color and slightly sweaty, and will usually need to vomit more than once. Send your child to school if you don't see a real symptom, knowing that health services will contact you if things change. Also, be alert if your child seems to be "sick" on school days but always rebounds on weekends.

Vacation Plans. It's tempting to pull your kids from school for a family trip, but it's a bad idea. Why? First, it gives your children the impression that their schooling is not your top priority. When they miss class work, even if you ask for make-up work to be sent ahead of time, they can fall behind because they're missing many hours of instructional time each day. Instead of thinking of how you can miss the crowds by taking trips during the school year, think about what it could be costing your child.



Check those appointments. If at all possible schedule your kids' doctor and dental appointments for after school hours unless there is an emergency.

Schedule dental appointments during winter and summer breaks, and schedule physicals, immunizations, and other routine care for school holidays or summer break.

Dress for the Weather

Unless it is raining or extremely cold, students go outside for recess or PE each day. **Please be sure** your child comes to school with appropriate clothing for the weather. As the weather gets colder, jackets, hats, mittens, and closed toe shoes are needed at recess and PE. Also, ensure you remember to mark all of your child's clothing with his or her name.

Finally. Remember to show and tell your children that attendance is important – whether it's as a child in school or an adult on the job. You'll be helping them succeed, both in school and in life.

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MORE GREAT NEWS

Fire Prevention Poster Winners

Camp Lejeune Fire Fighters sponsored a Fire Prevention Poster Contest for students aboard Camp Lejeune and New River Air Station. Students had to make an original poster based on the theme given by the Fire Department. Students were encouraged to make a poster that would reflect how they felt about fire prevention. We had an overwhelming amount of participation and some really great work submitted by the students. Unfortunately only a few could be selected as winners. Our first place winner for the poster contest was **(Name Removed for Web)**, a fourth grade student in **(Name Removed for Web)** class. The second place winner was **(Name Removed for Web)**, a fifth grader from **(Name Removed for Web)** class. Congratulations to the winners and thanks to all the students who participated in the contest.

Young Author Winners

Students have been working on their writing skills all year long, and for a few DeLalio students it has paid off in a big way. The Young Author's Writing Contest, sponsored by the Onslow-Lejeune Reading Council, recently named the winners of their writing contest. We congratulate the following:

2nd Grade: **(Names Removed for Web)**

3rd Grade: **(Names Removed for Web)**

4th Grade: **(Names Removed for Web)**

5th Grade: **(Name Removed for Web)**

The stories these students wrote were selected as school winners and will now represent DeLalio in the upcoming county level competition.

Also, congratulations **(Name Removed for Web)**; her story was selected to represent our school in the Forever Young category.

Project Graduation

DeLalio Elementary School would like to give Lejeune High School a helping hand in raising money for Project Graduation. Lejeune High School will be offering personalized thumb drives for sale. A representative from the High School will be available in our school cafeteria on Thursday, December 4th and Monday, December 8th to take orders. The thumb drives are 2 "gigs" and sell for \$20.00. They come in 14 fashion colors and can be personalized with a name.