

# THE PRIMARY PRESS

## JOHNSON PRIMARY SCHOOL

### November Calendar of Events

- |                                  |                                     |
|----------------------------------|-------------------------------------|
| 1 "I Love to Write" Day          | 10 Student Holiday                  |
| 3 Immunization Rodeo (0900-1100) | 11 Student Holiday ( Veteran's Day) |
| 3-5 Early Dismissal @ 1245       | 13 World Kindness Day               |
| Parent Conferences               | 14 "Veterans" Reception             |
| 4 VIP Recognition                | 18 VIP Recognition                  |
| 6 School Pictures                | 24 VIP Recognition                  |
|                                  | 26-28 Thanksgiving Holiday          |



**USMC Birthday!**



### Notes from the Principal

November brings a harvest of activities and events in honor of America's recognition of National Military Family month! A bounty of events are planned to show our appreciation for the sacrifices military families make. Throughout this newsletter you will read about ways we plan to show our pride for America's heroes – You!

**Report Card Conferences will be conducted November 3-5! School will dismiss at 1245!** You are invited to meet to discuss your child's report card. Time has been allotted in a 15 minute session for you to view student work, ask questions, and to better understand curriculum standards and expectations. If you are unable to meet at the specified time, please contact the teacher to schedule an alternate appointment.

**Say "Cheese!"** School pictures will be taken on Thursday, November 6. This is a prepay event. Photos will be sent to the school and should arrive within approximately 4 weeks, just in time for Christmas.

**Take a Vet to School Day:** Do you know a retired military veteran who would be willing to tell us when and where he/she served our country and what their military job was? Veterans are invited to don their uniform (if it still fits!) and be our guest where light refreshments will be served on the morning of Friday, November 14. Complete and return the information sent by your child's teacher.

**"I Love to Write Day" and Trees to Troops** initiative will result in students participating in a holiday greeting card signing event. Signed cards will be sent to a national benefactor who will ensure cards are affixed to holiday trees to be donated in December to designated military families throughout America.

**Got Books?** Onslow County's Partnership for Children is sponsoring the *6<sup>th</sup> Annual Books for Kids Book Drive!* Look around your home to find gently used books your child has outgrown or consider purchasing a book to donate during the November 17-22 book drive. JPS has volunteered to be a drop off site for this literacy good neighbor event.

**Customer Satisfaction Survey!** DoDEA will administer its biennial Customer Satisfaction Survey (CSS) from November 1-February 28, 2009. This CSS provides valuable feedback to DoDEA from its most important customers, parents and students, about the quality of education it provides and areas needing improvement. All sponsors with students enrolled in DoD schools from PreK – Grade 12 may participate by completing a survey for each school in which they have a child enrolled. Students in grades 4-12 may participate by completing separate surveys for students in grades 4-5 and students in grades 6-12. Participation is voluntary and maximum participation is encouraged in order to obtain reliable and valid data. The surveys take approximately 20 minutes to complete and are available online at [www.dodea.edu](http://www.dodea.edu) (click on the CSS graphic link). Parents who do not have access to the Internet are welcome to use computers located in the JPS media center. Participants using a school computer will be asked to sign an Internet Agreement. Sponsors are asked to complete a survey for each child enrolled in a DoD school. Information derived from the surveys will be used to improve planning efforts at all levels throughout DoDEA. Schools, districts and areas will use the survey results to gain insight into the satisfaction levels of sponsors and students, which is one of the many measures used for future planning of programs and services. Results will also be used to monitor the DoDEA Community Strategic Plan (CSP), which contains the strategic direction for DoDEA for 2006-2011.



## Importance of Influenza Vaccines

Cmdr Vickie Weaver, Community Health Nurse  
Camp Lejeune Naval Hospital Camp Lejeune

Influenza is a contagious respiratory illness caused by the influenza virus. Its effects can be life threatening, effecting 5% to 20% of the U.S. population and killing approximately 36,000 people. Young children, the elderly, and people with chronic medical conditions are at increased risk for serious influenza complications. There are approximately 200,000 people hospitalized each year from influenza complications such as pneumonia, congestive heart failure, asthma, diabetes and ear and sinus infections.

Influenza is spread from person to person when someone coughs or sneezes and doesn't cover his or her nose and mouth. That's because the influenza virus has the ability to travel through the air for a distance of 3 feet. A person can also touch respiratory secretions on inanimate objects and transfer the virus to his/her nose and mouth.

Influenza can be prevented through vaccination. There are two types of influenza vaccines: The first is an injection given with a little needle. This vaccine is an inactivated vaccine made with a dead virus and has been approved for all age groups over the age of 6 months old.

The second influenza vaccine is in the form of a nasal spray. It is called LAIV, meaning "Live Attenuated Influenza Virus". This vaccine is made with a live, but weakened influenza virus. Children who got the FluMist in previous years had fewer cases of the flu than those who got the flu shot. It is given from 2 to 49 years of age.

As of February 2008, the CDC and ACIP recommend that all school-aged children through the age of 18 years be vaccinated against influenza. The optimal time to receive the influenza vaccine is October or November, but getting the vaccine anytime during the winter months is beneficial, as influenza season can last up until May and once vaccinated your protection will last up until May and once vaccinated your protection will last up to one year.

The Naval Hospital will be administering the Influenza vaccine at the following locations:

### NAVAL HOSPITAL CAMP LEJEUNE 2008-2009 Influenza Vaccination Schedule for DOD Schools

Days	Time	Location
Monday, November 3 <sup>rd</sup>	From 0900-1100 From 1230-1500	Johnson Primary School Lejeune High School
Wednesday, November 5 <sup>th</sup>	From 0900-1100	Bitz Intermediate School
Friday, November 7 <sup>th</sup>	From 0900-1100 From 1200-1400	Brewster Middle School Tarawa Terrace II ES
Monday, November 17th	From 0900-1030 From 1130-1330	Delalio Elementary School Tarawa Terrace I ES

For further information please visit the Naval Hospital Camp Lejeune website at <http://lej-www.med.navy.mil/> or contact the Naval Hospital Immunization Information line at 910-450-4648, option 1.

### News from the Nurse

Brrrrrr! The temperature is dropping and it's cold outside in the morning! Please consider dressing your child in layered clothing to accommodate the changes in temperature as the day progresses. Dressing your child in layers helps prevent becoming chilled or overly warm and will help prevent colds and viruses.

On Monday, November 3 from 0900-1100 JPS will host an **Influenza Vaccination Rodeo!** The medical staff from the Naval Hospital Immunization Clinic will be on site to provide this free service. The families of JPs students are also welcome to participate! To be eligible, please complete and return the questionnaire which was sent home last week. **Due Date = October 31.** The American Academy of Pediatrics recommends that all children up to age 18 years have an influenza vaccine. If you have questions please call me at school 451-2431.

**Medication Policy:** It is against policy for any child to carry medications on their person. Even a cough drop can be dangerous if another child gets it. Children as we know, like to share and some children may be allergic to dyes in the cough drops. Parents are reminded of the importance of not sending any type of medication with children to school.

Thank you for your continued support!

# COUNSELOR'S CORNER

## PEERS Classes

We are happy to announce that the first PEERS class being offered here at Johnson Primary was a huge success! **"1234 Parents"** was completed on October 8, 2008 with 13 parents attending each of the four classes. Our second class in the series **"Making Children Mind Without Losing Yours!"** began on October 15th and will conclude on November 12<sup>th</sup>. Each class participant will receive a **\$25 gift card from Target** when they pass the post test with a minimum of 80% accuracy. Classes meet on **Wednesday** mornings at JPS. **Free childcare** is provided here at the school while the classes are in session. Please contact the Guidance Office for more information.

## Character Counts Spirit Week

The students at Johnson Primary School were very enthusiastic about **Character Counts Spirit Week**, October 17-24. Each day our students were encouraged to wear the color which corresponded with each day's positive character trait. Each morning we broadcast on the JPS television system, the attributes of good character and sang the **Character Counts Spirit** song, school wide. Classroom activities included the **Kids for Character Pledge** and sharing books about **responsibility, compassion and caring!** It's fun to show that you have **Good Character!**

## Red Ribbon Week

JPS celebrated **Red Ribbon Week** October 20-24<sup>th</sup> with the collaboration of the Nurses Office, Guidance Department and the PE Department. **The Health Promotion Branch, Semper Fit Division** provided a beautiful Red Ribbon Flag, DVD, poster, tiny embroidered Red Ribbons for the school staff to display on their ID cards, pencils, bracelets and magnets to promote healthy living and being **"Drug Free"**.

## Club USA

The **Club USA** program helps children cope with the effects of parental deployments and separation. This year the school counselor is taking **Club USA** to the classrooms through December. This will give the counselor the opportunity to get to know each child attending Johnson Primary K-2. Beginning in January, small groups of children will be pulled from the classroom to participate in activities focused on helping children whose parent is deployed overseas to Iraq or Afghanistan. A permission form will be sent home with each child before groups begin in January. Club USA will meet two times each month.

**Onslow County 4-H Program** has delivered over 300 **Hero Packs** to Johnson Primary School! We would like to thank Mr. Greg Clemons, 4-H Agent and Ms. Wanda Mills, 4-H Program Associate and all of the **Onslow County 4-H Volunteers** who gave their time to make sure that smiles were on the faces of JPS students who currently has or had a deployed parent during the current school year. These backpacks are filled with wonderful items such as stuffed animals, journals, pens, DVDs, books, disposable cameras and much more. These backpacks are a wonderful surprise for the JPS kids with deployed parents. The purpose of this wonderful gift was to let our children and their parents know how very much their efforts and sacrifices are appreciated. We are so very thankful for all that the armed force services do to keep America safe and free. The Guidance Office has tried to recognize any child whose parent has been deployed or had returned from deployment during the 2007-08 school year including August, September and October. If we have missed your child please contact the Guidance Office at **451-2431 ex 140** so that your child may be acknowledged for being a military hero!

**Until next time. . . . .**

**best wishes from the Counselor's Corner!**



**Don't forget to turn your clocks back by 1 hour on Sunday, November 2**



**Reminder:** Monday, November 3 and Tuesday, November 4 Preschool will be in session for both AM and PM students. There **will not** be any Mid-Day bus transportation for Preschool, parents will need to provide transportation at the end of the morning session and the beginning of the afternoon system.

# Military Family News

## **OPERATION HERO TUTORING/DEPLOYMENT SUPPORT CLASS**

This is an after-school mentoring and tutorial program for elementary age youth that are experiencing a decline in academics or difficulty adjusting to a parent's deployment or relocation. This 10 week course is offered three times a year with an 8 to 1 ratio of students to teacher. Program includes academic tutoring and a group exercise. For more information call 451-9569.

## **FREE ONLINE TUTORING!**

We could all use a little extra help sometimes, so the United States Marine Corps has now teamed up with Tutor.com to offer Live Homework Help to military dependents! [www.usmc-mccs.org/library/tutor](http://www.usmc-mccs.org/library/tutor) The program features a drawing board for demonstrating concepts, live online chat, file sharing resources, and real live tutors! They can help with math, science, social studies or language arts at all levels. To get started, contact your base library to get the password to use the program in the comfort of your own home.

## Notes from our Spanish Classes

The FLES (Foreign Language in Elementary School) Spanish program is off to a great start for the school year 2008-09. Kindergarten through second grade students at JPS are already learning words and phrases to be able to follow teacher instructions, classrooms objects, places in the school, and many different kinds of songs teaching months of the year, body parts, and colors in their Spanish classes.

In September, students learned about how the capital city of Mexico was established and the legend of the Aztecs. Students learned that September 16 was Mexico's Independence Day. In October, students learned about Christopher Columbus and the products that he brought back with him to Europe from the Americas, and which products he brought from Europe to the Americas. Students also learned vocabulary of the family, pets, and sizes and songs about pumpkins.

## Camp Lejeune Dependents Schools Introduces LunchPrepay.com

The one-stop shop for automated school meal account management.

**Make meal payments on the internet using your credit card**

**Check your child's meal account balance**

**Get low balance alerts by e-mail**

**See what your child is buying**

LunchPrepay.com brings school lunch into the age of technology. Using the secure site to make your payments and monitor your student's account gives you the assurance of knowing where your money is going and how it is being spent. Using LunchPrepay.com will remove the stress that comes with making sure your student has cash for lunch. LunchPrepay.com is an easy, secure and convenient way to pay for lunch.

### LunchPrepay.com Facts:

- ◆ You get quick and easy access to your child's meal account 24 hours a day, seven days a week.
- ◆ The ability to pay for multiple children's accounts with one single payment.
- ◆ Accepts Visa, MasterCard, American Express, Discover
- ◆ The ability to look-up your child's account balance, any time, any place the internet is available.
- ◆ The ability to see 45 calendar days of purchases and payments.
- ◆ Automated notification, via e-mail, when your child's account balance falls below an amount you have set.
- ◆ Peace of mind, knowing that the money is being used for good nutrition.
- ◆ Simple account setup process
- ◆ Affordable- 5% per payment transaction fee. The annual service fee has been waived for all military families.
- ◆ LunchPrepay.com is a commercial free site.
- ◆ There are no banners, no pop ups ads and no advertising.
- ◆ We do not share any information with third parties, other than your financial institution and your child's school.

LunchPrepay.com is a secure site that utilizes all of the current industry privacy standards.

For more information go to [www.lunchprepay.com](http://www.lunchprepay.com) or contact the Child Nutrition Central Office at 450-1732. \*Parents need their child's 10-digit student number, not serving number, to register for the service. This information can be provided at any school office, or by calling the Child Nutrition Central Office at 450-1732.

# Safety Spotlight



**Safety Update: Emergency Drills and Procedures** - In accordance with Marine Corps Base Camp Lejeune readiness and emergency procedures, Johnson Primary works to be as proactive as possible to prepare our students and staff for critical and emergency situations. Fire drills and inspections are conducted on a monthly basis. In September, JPS practiced its first tornado drill. A Lockdown/Intruder drill exercise was performed on 24 October. During each drill procedure we practice, advice from the Camp Lejeune Fire Department and base Anti-Terrorism/Force Protection experts is solicited and necessary changes are made to our procedures to keep our students, staff, and volunteers safe and ready. Johnson Primary will carry out additional tornado and lockdown drills in the spring semester in an effort to keep our school community up to date and prepared.

**Let's Talk Turkey About Thanksgiving Safety** - According to the American Red Cross, the three biggest safety concerns for the Thanksgiving holiday are burns, fires, and choking.

**Burns** - The kitchen is a busy, busy place on this particular holiday. Practically every cooking utensil and appliance is put to use to prepare the family feast. Remember to use potholders. Treat every dish in the kitchen as if it is hot. We often have lots of helpers, kids and adult, involved in preparing this family meal, so it is easier than usual to become distracted in the kitchen with all those extra hands. Turn handles of pots and pans so that those do not hang over the edge of the stovetop to be easily reached by young chefs who might want to help or sneak a taste test. Minor burns can be quickly cooled with cold, running water. Also, keep minty toothpaste on hand in the kitchen. Yes, believe it or not, toothpaste can relieve the heat caused by minor kitchen burns. If the burn is severe and blistering occurs, be sure to see a physician as soon as possible.

**Fires** - Candles scented like cinnamon and pumpkin pie bring a warm, cozy feel to our homes this time of year. Watch those candles carefully. Never leave candles burning unattended. The delight of a candle's glow can be intriguing for children, so it is important to increase your awareness of where children are and what they are doing when candles are part of the decor. Also, not everyone bakes their turkey in the oven these days. Some families like deep fried turkey. It's quick and delicious, but creates a greater risk of fire hazard than the traditional baked version. The fryer should be in full view of the chef at all times. Use the fryer in an open area away from walls, fences, or outdoor structures. There should be at least 2 feet of space between the propane tank and the fryer burner. If your family enjoys fried turkey, read the instructions for the fryer very carefully before cooking begins and consult with the Camp Lejeune Fire Department for additional tips.

**Choking** - Gathering around the Thanksgiving table provides the best opportunities for sharing stories, reminiscing, and laughter. Add food to that mix and the perfect choking opportunity presents itself. Chew your food very well. Don't talk or laugh with food in your mouth. Cut children's food into small, bite-sized pieces. Be sure all family members know what to do in case of a choking emergency. The best option is formal CPR and first aid training, but if that's not possible before the holiday season, there are websites with information. One good resource is Mom's Home Safety website at <http://www.moms-home-safety.com/choking-victim.html> or Google the term CHOKING SAFETY for additional info.

Whether you're going "over the river and through the woods to grandmother's house" for Thanksgiving, or planning a feast around your own dining room table here at Camp Lejeune, keep safety first for a happy, healthy Thanksgiving.



**Can't find that sweater, coat, gloves, lunch box or bike helmet? Please visit the "Lost & Found" box located in the hall way near the gym!**

Please be sure to inform the school office if you have a new phone number or if you have changed housing submit a current Lease Agreement.





# Parking Lot Safety

STUDENT SAFETY is our first priority at Johnson Primary School.

- Cars may enter the loop at the following times:  
8:15–8:45 loop is open for morning drop off.  
3:00–3:30 loop is open for afternoon pick up grades K–2
- If you visit the school at times other than those posted above, park your car in the visitor's lot. Do not leave cars unattended in the loop at any time. The pick-up loop is marked with **NO PARKING** notices on the pavement. Cars may enter the loop for the purpose of dropping off and picking up at the scheduled arrival and dismissal times. Unattended vehicles block the emergency fire lane.
- Cars may use the left lane of the traffic loop to access the parking lot. **MOVEMENT SHOULD BE MADE WITH EXTREME CAUTION**. Speed in the parking lot should not exceed 5 MPH.
- Once children are secured in vehicles, the left lane of the loop may be utilized to bypass cars that are loading in the loop. **MOVEMENT SHOULD BE MADE WITH EXTREME CAUTION**.
- Children should always enter and exit vehicles on the passenger side.
- Pedestrian and bike riders are strongly advised to avoid the crosswalk at the entrance / exit of the visitor parking lots at arrival and dismissal times (refer to walking map printed on the back of this sheet).
- Always use the crosswalk in the pick-up loop to travel back and forth between the visitor's lot and JPS.
- We respectfully ask drivers waiting to pick up students in the loop to refrain from using the pick-up time in the loop as an opportunity to conference with the classroom teacher.
- Bicycles and scooters should be walked onto and off of campus using sidewalk pathway adjacent to the gym. Riders should always travel BEHIND students and teachers waiting for car pick-up.
- Please keep in mind that the sidewalk is a busy, crowded space. Strollers and wagons should always yield to pedestrian traffic on the sidewalks.
- Base Order V5560.2L paragraph 5007 mandates that helmets will be worn when riding bicycles, scooters of all types, skateboards, and roller blades/roller skates.
- Base Order 5560.2L paragraph 4003 mandates that vehicles may not park on grassy or seeded areas, such as the shoulder of the road adjacent to the sidewalk.
- **Pets are not allowed on campus.**

THANK YOU for partnering with us to maintain highest safety for our students and families at Johnson Primary School.