

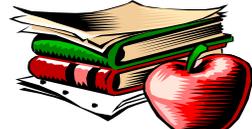
**MAXWELL ELEMENTARY SCHOOL**

**BREAKFAST MENU \***

\*Menu subject to change without notice.

OCT

2012

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Cinnamon Roll Fresh Banana Orange Juice	Flapjacket Mixed Fruit Orange Juice	Variety Cereal Variety Fruit Variety Juice	Pancake Puffs Diced Peaches Apple Juice	Breakfast Pizza Mixed Fruit Breakfast Spice Bread Orange Juice
8	9	10	11	12
<b>COLUMBUS DAY</b>	 <b>TEACHER WORK DAY</b>	Honey Nut Cheerios Cereal Diced Peaches Golden Spice Bread Orange Juice	Cheese Toast Variety Fruit Variety Juice	Pancake Pup Chilled Peaches Apple Juice
15	16	17	18	19
Cinnamon Roll Diced Pears Orange Juice	Grilled Cheese Sandwich Applesauce Orange Juice	Variety Cereal Variety Fruit Variety Juice	Turkey Sausage Bagel Diced Pears Graham Crackers Orange Juice	 <b>TEACHER WORK DAY</b>
22	23	24	25	26
Breakfast Pizza Fresh Orange Apple Juice	Cinnamon Roll Applesauce Orange Juice	Kix Cereal Mixed Fruit Breakfast Spice Bread Orange Juice	Breakfast Pizza Variety Fruit Variety Juice	Fruit Loops Cereal Diced Peaches Golden Spice Bread Orange Juice
29	30	31		
Breakfast Pizza Mixed Fruit Breakfast Spice Bread Orange Juice	Turkey Sausage Bagel Diced Pears Graham Crackers Orange Juice	Cinnamon Roll Applesauce Orange Juice		



Milk is available at all meals. All milk is 1% fat or less.



Applications to apply for free and reduced meals are available by contacting the cafeteria manager at your school.

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TDD).

**MAXWELL ELEMENTARY SCHOOL**

**LUNCH MENU \***

OCT

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2012

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Chili Cheese Nachos or Beef & Bean Burrito Fresh Orange Whole Kernel Corn Pinto Beans Vanilla Pudding	Hamburger or Roasted Chicken w/BBQ Sauce Carrots w/Ranch Dressing Chilled Peaches Whole Wheat Roll	Chicken Fried Steak w/Bun Chicken Tenders Mashed Potatoes w/Gravy Green Beans Fresh Pear	Galaxy Cheese Pizza or Galaxy Pepperoni Pizza Tossed Salad w/Ranch Dressing Variety Fruit	Grilled Cheese Sandwich or Pork Sandwich w/BBQ Sauce Potato Wedges Coleslaw Fresh Apple Slices
8	9	10	11	12
<b>COLUMBUS DAY</b>	 <b>TEACHER WORK DAY</b>	Chili Cheese Potatoes or Hamburger Shredded Lettuce Mixed Vegetables Fresh Pear Honey Bear Crackers	Galaxy Pepperoni Pizza or Fish Sandwich Carrots w/Ranch Dressing Variety Fruit	Grilled Cheese Sandwich or Bean & Cheese Burrito Shredded Lettuce Fiesta Salad Fresh Apple Slices Animal Crackers
15	16	17	18	19
Cheesy Breadsticks w/Italian Meat Sauce or Corn Dog Carrots w/Ranch Dressing Fresh Pear Tossed Salad w/Ranch Dressing	Beef Soft Taco or Chicken Tenders Green Beans Shredded Lettuce Chilled Peaches Fresh Banana	Bean & Cheese Burrito or Roasted Chicken w/BBQ Sauce Chilled Apricots Whole Grain Roll Chocolate Cake	Cheese Pizza or Pepperoni Pizza Tossed Salad w/Ranch Dressing Variety Fruit	 <b>TEACHER WORK DAY</b>
22	23	24	25	26
Chicken Sandwich or Chicken Fajita w/Rice Lettuce/Tomato Whole Kernel Corn Chilled Peaches	Pasta w/Meat Sauce or Bean & Cheese Burrito Tossed Salad w/Ranch Dressing Mixed Fruit Breadstick	Hamburger or Chicken Nuggets Shredded Lettuce Potato Wedges Whole Grain Roll Fresh Pear	Cheese Pizza or Pepperoni Pizza Carrots w/Ranch Dressing Variety Fruit Variety Crackers/Roll	Chicken Sandwich or Fish Nuggets w/Tartar Sauce Macaroni & Cheese Baked Beans Fresh Apple Slices
29	30	31		
Grilled Cheese Sandwich or Pork Sandwich w/BBQ Sauce Potato Wedges Coleslaw Fresh Apple Slices	Teriyaki Meatballs w/Rice or Deli Sandwich Peas Fresh Orange Whole Grain Roll	Turkey & Gravy or Grilled Cheese Sandwich Mashed Potatoes w/Gravy Fresh Banana Chocolate Pudding Whole Grain Roll		



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