

D.A.R.E. Essay

by M. D.



D.A.R.E. teaches you about drugs and how to resist drugs and violence. The first thing I learned in D.A.R.E. is how to say “no.” Another thing I learned in it is facts about drugs and tobacco. D.A.R.E. also taught me about peer pressure.

I have learned several ways to say “no.” Here are some: You can just say “no” and ignore them. You can say “no” and walk away. Or you can just keep on repeating “no.”

Tobacco can cause many problems. Here are some. You can have breathing problems, yellow teeth, dry skin and it causes wrinkles. It can affect your body’s development, and it can kill you. Those are some things that tobacco can do to you.

I have learned about different types of peer pressures. The different types of peer pressures try to get you to do something you don’t want to do. You have to say no to them and stay firm.

D.A.R.E. has taught me about drugs and how to say “no” to them. Drugs can hurt you if you over use them. I learned about tobacco and how it can harm you. I have also learned about peer pressure and how to deal with it.

I promise that I will make good choices and not to smoke or misuse drugs.