

BREAKFAST 1.25
 REDUCED BREAKFAST .30
 LUNCH (K-3) 2.25
 LUNCH (4-5) 2.35
 LUNCH (6-12) 2.50
 REDUCED LUNCH .40

Free meals available from USDA.
 Contact the school office for details.

QUANTICO SCHOOLS CAFETERIA LUNCH MENU

JANUARY 05, 2009 TO FEBRUARY 13, 2009

20 DAY TICKETS:

LUNCH (K-3) 45.00
 LUNCH (4-5) 47.00
 LUNCH (6-12) 50.00
 BREAKFAST 25.00

REDUCED BREAKFAST 6.00
 REDUCED LUNCH 8.00

10 DAY TICKETS AVAILABLE FOR LUNCHESES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
05 Chicken Nuggets Potato Rounds Carrot Sticks Vanilla Pudding Assorted Milk	06 Hot Dog with Bun Baked Beans Corn Sugar Cookie Assorted Milk	07 Grilled Ham and Cheese Sandwich Chicken Veg-Noodle Soup Mixed Vegetables Strawberry Cup Assorted Milk	08 Oven Fried Chicken Seasoned Rice Green Beans Pineapple Upside-Down Cake Assorted Milk	09 Twin Tacos Lettuce, Tomato and Cheese Buttered Corn Mexican Wedding Cookie Assorted Milk
12 Hamburger on Bun French Fries Corn Pears Assorted Milk	13 Grilled Cheese Sandwich Chicken Veg-Rice Soup Peas and Carrots Cherry Crisp Assorted Milk	14 Chicken Filet with Bun Potato Rounds Green Beans Sliced Peaches Assorted Milk	15 Cheese Pizza Tossed Salad Potato Wedges Chocolate Chip Cookie Assorted Milk	16 TEACHER WORKDAY NO SCHOOL
19 MARTIN LUTHER KING'S BIRTHDAY	20 Corn Dog Nuggets Potato Wedges Peas and Carrots Chocolate Pudding Assorted Milk	21 Ham Fried Rice Hot Roll Mixed Vegetables Baked Apples Assorted Milk	22 Grilled Cheese Sandwich Chicken Veg-Noodle Soup Broccoli Spice Cake Assorted Milk	23 Beef and Bean Burritos Tossed Salad Mixed Vegetables Peaches Assorted Milk
26 Macaroni and Cheese Hot Roll Green Beans Jello with Fruit Assorted Milk	27 Hamburger on Bun Potato Rounds Carrot Sticks Sugar Cookie Assorted Milk	28 Spaghetti with Meat Sauce Tossed Salad Garlic Bread Diced Peaches Assorted Milk	29 Twin Tacos Lettuce, Tomato, Cheese Buttered Corn Chocolate Cake Assorted Milk	30 Grilled Cheese Sandwich Chicken Veg-Rice Soup Mixed Vegetables Apple Crisp Assorted Milk
02 Chicken Nuggets Potato Wedges Green Beans Brownies Assorted Milk	03 Ham, Turkey and Cheese Subs Lettuce and Tomato Cup Potato Rounds Diced Peas Assorted Milk	04 Hot Dog on Bun Baked Beans Buttered Corn Chocolate Chip Cookie Assorted Milk	05 Steak Nuggets Green Peas Hot Roll Vanilla Pudding Assorted Milk	06 Cheese Pizza French Fries Green Peas Mgr's Choic3e Dessert Assorted Milk
09 Chili with Rice Cornbread Mixed Vegetables Peaches Assorted Milk	10 Hot Dog with Bun French Fries Green Beans Fruit Cocktail Assorted Milk	11 Cheese Pizza French Fries Buttered Peas Sugar Cookies Assorted Milk	12 Chicken Nuggets Mashed Potatoes with Gravy Broccoli Applesauce Cake Assorted Milk	13 Soft Tacos Lettuce, Tomato, Cheese Corn Cinnamon Buns Assorted Milk

JOIN YOUR CHILD FOR LUNCH EVERY 3RD THURSDAY OF THE MONTH

BREAKFAST 1.25
 REDUCED BREAKFAST .30
 LUNCH (K-3) 2.25
 LUNCH (4-5) 2.35
 LUNCH (6-12) 2.50
 REDUCED LUNCH .40
 Free meals available from USDA.
 Contact the school office for details.

QUANTICO SCHOOLS CAFETERIA BREAKFAST MENU

20 DAY TICKETS:
 LUNCH (K-3) 45.00
 LUNCH (4-5) 47.00
 LUNCH (6-12) 50.00
 BREAKFAST 25.00
 REDUCED BREAKFAST 6.00
 REDUCED LUNCH 8.00
 10 DAY TICKETS AVAILABLE FOR LUNCHES ONLY.

JANUARY 05, 2009 TO FEBRUARY 13, 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
05 Assorted Juice Assorted Cereal Toast Assorted Milk	06 Fresh Fruit Ham and Cheese Biscuit Assorted Milk	07 Assorted Juice Pancakes with Maple Syrup Assorted Milk	08 Fresh Fruit Bacon and Cheese Biscuit Assorted Milk	09 Assorted Juice Scrambled Eggs Toast Assorted Milk
12 Assorted Juice Assorted Cereal Buttered Toast Assorted Milk	13 Fresh Fruit Bagel with Peanut butter or Jelly Assorted Milk	14 Assorted Juice Waffles with maple syrup Assorted Milk	15 Fresh Fruit Sausage Biscuit Assorted Milk	TEACHER WORKDAY NO SCHOOL
19 MARTIN LUTHER KING'S BIRTHDAY	20 Fresh Fruit French Toast Assorted Milk	21 Fresh Fruit Ham and Cheese Bagel Buttered Toast Assorted Milk	22 Assorted Juice Sausage Wrapped in a Pancake Assorted Milk	23 Fresh Fruit Scrambled Eggs Buttered Toast Assorted Milk
26 Assorted Juice Assorted Cereal Buttered Toast Assorted Milk	27 Fresh Fruit Bacon and Cheese Biscuit Assorted Milk	28 Assorted Juice Waffles with Maple Syrup Assorted Milk	29 Fresh Fruit Hot Oatmeal Cereal Assorted Milk	30 Assorted Juice Scrambled Eggs Buttered Toast Assorted Milk
02 Assorted Juice Assorted Cereal Buttered Toast Assorted Milk	03 Fresh Fruit Ham and Cheese Biscuit Assorted Milk	04 Assorted Juice Pancakes with Maple Syrup Assorted Milk	05 Fresh Fruit Sausage Biscuit Assorted Milk	06 Assorted Juice Scrambled Eggs Buttered Toast Assorted Milk
09 Assorted Juice Assorted Cereal Buttered Toast Assorted Milk	10 Fresh Fruit French Toast Assorted Milk	11 Assorted Juice Bacon and Cheese Biscuit Buttered Toast Assorted Milk	12 Fresh Fruit Sausage Wrapped in a Pancake Assorted Milk	13 Assorted Juice Scrambled Eggs Assorted Milk