

QUANTICO SCHOOLS CAFETERIA LUNCH MENU

NOVEMBER 9, 2009 TO DECEMBER 18, 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 Hamburger on Bun French Fries Peas Blueberry Crisp Assorted Milk	10 Hot Dog with Bun Potato Rounds Mixed Vegetables Brownies Assorted Milk	11 VETERAN'S DAY NO SCHOOL	12 Baked Lasagna Garlic Bread Tossed Salad Peas and Carrots Strawberry Shortcake Assorted Milk	13 Oven Fried Chicken Mashed Potatoes with Gravy Hot Roll Diced Peaches Assorted Milk
16 Grilled Ham and Cheese Sandwich Chicken Veg-Noodle Soup Mixed Vegetables Diced Pears Assorted Milk	17 Chicken Nuggets Mashed Potatoes with Gravy Carrot Sticks Chocolate Chip Cookie Assorted Milk	18 Pancakes with Maple Syrup Sausage Patty Assorted Juice Sliced Peaches Assorted Milk	19 Turkey with Stuffing Mashed Potatoes and Gravy Buttered Corn/Hot Roll Cranberry Sauce Sweet Potato Pie Assorted Milk	20 Spaghetti with Meat Sauce Garlic Bread Broccoli Baked Apples Assorted Milk
23 Hot Dog with Bun Baked Beans Corn Sliced Apples Assorted Milk	24 Cheese Pizza Potato Wedges Tossed Salad Coconut Macaroons Assorted Milk	25 THANKSGIVING	26 HOLIDAY	27 NO SCHOOL
30 Cheeseburger with Bun Potato Wedges Peas and Carrots Blueberry Muffin Cake Assorted Milk	01 Spaghetti with Meat Sauce Garlic Bread Green Beans Fruit Cocktail Sugar Cookie Assorted Milk	02 Chicken Tenders Chicken Veg-Noodle Soup Mixed Vegetables Chocolate Chip Cookies Assorted Milk	03 Twin Tacos Lettuce, Tomato, and Cheese Buttered Corn Mexican Wedding Cookie Assorted Milk	04 Pepperoni Pizza Tossed Salad Pineapple Cup Chocolate Pudding Assorted Milk
07 Chicken Nuggets Mashed Potatoes with Gravy Corn Fruit Cocktail Assorted Milk	08 Crispy Fish Filets French Fries Green Beans Peach Cups Assorted Milk	09 Hot Dog with Bun French Fries Peas and Carrots Oatmeal-Raisin Cookie Assorted Milk	10 BBQ Chicken Mashed Potatoes with Gravy Green Peas Apple or Cherry Crisp Assorted Milk	11 Cheese Pizza French Fries Sliced Carrots Chocolate Chip Cookie Assorted Milk
14 Hamburger with Bun French Fries Mixed Vegetables Cherry Crisp Assorted Milk	15 Spaghetti with meat Sauce Garlic Bread Tossed Salad Sugar Cookies Assorted Milk	16 Taco Pizza French Fries Peas and Carrots Diced Pears Assorted Milk	17 Oven Fried Chicken Mashed Potatoes with Gravy Green Beans Sliced Peaches Assorted Milk	18 Hot Dog with Bun Baked Beans Celery and Carrot Sticks Jello Assorted Milk

**PARENT'S, PLEASE JOIN US FOR OUR ANNUAL THANKSGIVING DINNER ON THE
19TH OF NOVEMBER. PLEASE CALL YOUR CAFETERIA TO LET THEM KNOW YOU
ARE GOING TO JOIN US.**

QUANTICO SCHOOLS CAFETERIA BREAKFAST MENU

NOVEMBER 09, 2009 TO DECEMBER 18, 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
09 Fresh Fruit Assorted Cereal Toast Assorted Milk	10 Assorted Juice Sausage Biscuit Assorted Milk	11 VETERAN'S DAY NO SCHOOL	12 Assorted Juices Assorted Cereal Toast Assorted Milk	13 Fresh Fruit Scrambled Eggs Buttered Toast Assorted Milk
16 Assorted Fresh Fruit Assorted Cereal Buttered Toast Assorted Milk	17 Assorted Juices Sausage wrapped in a Pancake Assorted Milk	18 Assorted Juices Bacon and Cheese Biscuit Buttered Toast	19 Fresh Fruit Toasted Bagel	20 Fresh Fruit Scrambled Eggs Buttered Toast
23 Assorted Juices Assorted Cereal Buttered Toast Assorted Milk	24 Assorted Juices Sausage Biscuit Assorted Milk	25 THANKSGIVING	26 HOLIDAY	27 NO SCHOOL
30 Fresh Fruit Assorted Cereal Buttered Toast Assorted Milk	01 Assorted Juices Sausage Wrapped in a Pancake Assorted Milk	02 Fresh Fruit Bacon and Cheese Biscuit Assorted Milk	03 Assorted Juices Pancakes with Maple Syrup Assorted Milk	04 Fresh Fruit French Toast Sticks Assorted Milk
07 Assorted Fruit Juice Assorted Cereal Buttered Toast Assorted Milk	08 Fresh Fruit Hot Oatmeal Assorted Milk	09 Assorted Juices Sausage Biscuit Assorted Milk	10 Fresh Fruit Pancakes with Maple Syrup Assorted Milk	11 Assorted Juices Scrambled Eggs Bacon Slice Assorted Milk
14 Fresh Fruit Assorted Cereal Buttered Toast Assorted Milk	15 Assorted Juices Bacon and Cheese Biscuit Assorted Milk	16 Fresh Fruit French Toast Sticks Assorted Milk	17 Assorted Juices Sausage Wrapped in a Pancake Assorted Milk	18 Fresh Fruit Scramble Eggs Buttered Toast Assorted Milk