

BREAKFAST	1.25
REDUCED BREAKFAST	.30
LUNCH (K-3)	2.25
LUNCH (4-5)	2.35
LUNCH (6-12)	2.50
REDUCED LUNCH	.40

Free meals available from USDA.
Contact the school office for details.

QUANTICO SCHOOLS CAFETERIA LUNCH MENU

AUGUST 19, 2009 TO SEPTEMBER 25, 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17 WELCOME BACK TO A NEW SCHOOL YEAR	18	19 Hamburger with Bun Potato Wedges Peas Sliced Pears Assorted Milk	20 Chicken Nuggets Mashed Potatoes with Gravy Broccoli Chocolate chip cookie Assorted Milk	21 Cheese Pizza Potato Rounds Mixed Vegetables Sliced Peaches Assorted Milk
24 Cheeseburger with Bun French Fries Peas Watermelon Assorted Milk	25 Sloppy Joe with Bun French Fries Green Beans Apple sauce Assorted Milk	26 Chicken Filet with Bun Potato Rounds Mixed Vegetables Sliced Pears Assorted Milk	27 Spaghetti with Meat Sauce Garlic Bread Tossed Salad Oatmeal Raisin Cookies Assorted Milk	28 Pepperoni Pizza French Fries Tossed Salad Chocolate Pudding Assorted Milk
31 Grilled Ham and Cheese Sandwich Chicken Vegetable-Noodle Soup Mixed Vegetables Brownie Assorted Milk	01 Cheese Enchiladas Tossed Salad Buttered Peas Blueberry Crisp Assorted Milk	02 Twin Tacos Lettuce, Tomato. & Cheese Buttered Corn Chocolate Chip Cookie Assorted Milk	03 Hamburger with Bun Lettuce and tomato cup Seasoned rice Pears Assorted Milk	04 Hot Dog with Bun Baked Beans Green Beans Applesauce Cake Assorted Milk
07 LABOR DAY NO SCHOOL	08 Spaghetti with Meat Sauce Green Beans Garlic Bread Chocolate Pudding Assorted Milk	09 Chicken Nuggets French Fries Peas and Carrots Brownies Assorted Milk	10 Italian Stromboli Broccoli French Fries Chocolate Pudding Assorted Milk	11 Pepperoni Pizza Potato Rounds Mixed Vegetables Diced Peas Assorted Milk
14 Grilled Cheese Sandwich French Fries Sliced Carrots Chocolate Chip Cookie Assorted Milk	15 Chicken Filet with Bun Baked Macaroni and Cheese Peas Fruit Cocktail Assorted Milk	16 Cheeseburger with Bun Lettuce, Tomato and Cheese Buttered Corn Diced Peaches Assorted Milk	17 Oven Fried Chicken Mashed Potatoes with Gravy Green Beans Oatmeal-Raisin Cookie Assorted Milk	18 Hot Dog with Bun French Fries Baked Beans Chocolate Cake Assorted Milk
21 Chicken Enchiladas French Fries Tossed Salad Chocolate Chip Cookie Assorted Milk	22 Grilled Cheese Sandwich Chicken Vegetable-Noodle Soup Tossed Salad Sugar cookie Assorted Milk	23 Soft Tacos Lettuce, Tomato and Cheese Broccoli Mexican wedding cookie Assorted Milk	24 Spaghetti with meat Sauce Tossed Salad Garlic Bread Fruit Cocktail Assorted Milk	25 Waffles with Maple Syrup Sausage patty Orange Juice Sliced Peaches Assorted Milk

REDUCED BREAKFAST .30
 LUNCH (K-3) 2.25
 LUNCH (4-5) 2.35
 LUNCH (6-12) 2.50
 REDUCED LUNCH .40

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QUANTICO SCHOOLS CAFETERIA BREAKFAST MENU

AUGUST 19, 2009 TO SEPTEMBER 25, 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17 WELCOME BACK TO A NEW SCHOOL YEAR	18	19 Assorted Juice Assorted Cereal Buttered Toast Assorted Milk	20 Fresh Fruit Bagels with Jelly Assorted Milk	21 Assorted Juices Scrambled Eggs Buttered Toast Assorted Milk
24 Fresh Fruit Assorted Cereal Buttered Toast Assorted Milk	25 Assorted Juices Sausage Biscuit Assorted Milk	26 Fresh Fruit French Toast Sticks Assorted Milk	27 Assorted Juices Ham and Cheese Biscuit Assorted Milk	28 Fresh Fruit Scramble Eggs Buttered Toast Assorted Milk
31 Assorted Juices Assorted Cereal Buttered Toast Assorted Milk	01 Assorted Juices Assorted Cereal Buttered toast Assorted Milk	02 Fresh Fruit Sausage wrapped in a Pancake Assorted Milk	03 Assorted Juice Toasted Bagels / jelly Assorted Milk	04 Fresh Fruit Scrambled Eggs Buttered Toast Assorted Milk
07 LABOR DAY NO SCHOOL	08 Fresh Fruit Sausage wrapped in a Pancake Assorted Milk	09 Assorted Juices Bacon and Cheese Biscuit Assorted Milk	10 Assorted Juices French Toast Sticks Assorted Milk	11 Fresh Fruit Scrambled Eggs Buttered Toast Assorted Milk
14 Fresh Fruit Assorted Cereal Buttered Toast Assorted Milk	15 Assorted Juices Ham and Cheese Biscuit Assorted Milk	16 Fresh Fruit Waffles with Maple Syrup Assorted Milk	17 Assorted Juices Sausage Biscuit Assorted Milk	18 Fresh Fruit Scrambled Eggs Buttered Toast Assorted Milk
21 Assorted Juices Assorted Cereal Buttered Toast Assorted Milk	22 Fresh Fruit Sausage Pancake on a Stick Assorted Milk	23 Assorted Juices French toast Assorted Milk	24 Fresh Fruit Sausage Biscuit Assorted Milk	25 Assorted Juices Scrambled Eggs Buttered Toast Assorted Milk