

5th / 6th Grade Health

The Department of Defense Education Activity standards for this course are as follows:

Health and Literacy Skills – the student applies health literacy skills in concert with health concepts to enhance personal, family and community health

Personal and Community Health – the student understands the basic concepts of hygiene, health habits, and health promotion

Nutrition & Physical Activity – the student understands how healthful nutrition and physical activity contribute to growth and energy and help prevent chronic diseases such as heart disease, cancer, and diabetes

Mental Health – the student understands how mental health contributes to general well-being

Alcohol, Tobacco, and Other Drugs – the student understands licit and illicit drugs, and how to prevent abuse and access intervention and treatment resources

Family Life and Human Sexuality – the student understands the developmental changes that occur as he or she grows and matures through childhood to young adulthood and how these changes prepare one for adult roles in the family and society (physical/emotional changes related to puberty, ways to maintain open communication with family members, and ways to communicate care and consideration in relationships)

Grading: Grades earned for this class reflect the combined effort of students in the following areas: classwork (25%), homework (20%), quizzes (15%), tests (25%), and projects (15%)

Submission of Assignments after the due date:

Because missed assignments equate to missed learning opportunities, an assignment submitted late is preferred over one not submitted at all. Following is a guideline for submission of late assignments:

One day late - 10% deduction

Two days late - 20% deduction

No work accepted following two days beyond the due date (in the absence of extenuating circumstances).

Class Conduct Expectations:

1. The three “R’s” are paramount: Respect for Self, Respect for Others, and Respect for Property
2. Raise hand before speaking
3. Follow teacher directions --- *the first time*
4. Do your BEST work at all times

Class Conduct Consequences:

1. Warning
2. Think Sheet (accompanied by a well-written essay regarding the conduct infraction)
3. Phone call home
4. Before School Detention
5. Referral to the Principal