

NEED TO TALK?



Military & Family Consultant Program
Available to the Air Force (PACAF)

Military & Family Life Consultants (MFLCs) are here to listen. MFLCs are available to help service members, spouses, family members, children and staff address:

- » Deployment/reintegration issues
- » Marriage and relationship issues
- » Parenting/sibling & family issues
- » Communication challenges
- » Stress and anxiety
- » Depression
- » Grief and loss
- » Daily life issues

Consultations and trainings are **free** and **anonymous**.
No records are kept.

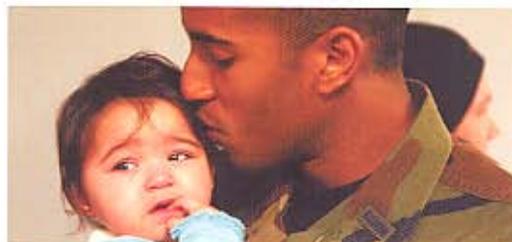
HELPING YOU IS OUR PRIORITY

After-hours and weekend appointments are available and group or off-site meetings can be arranged.

SCHEDULING AN APPOINTMENT IS EASY

Just call your local MFLC.

* Please note, exceptions to confidentiality include duty to warn cases.



For more information, or to access the MFLC services,
please call MHN toll-free at: **(888) 755-9355**



**Direct Contact #
for the RAFB MFLC
is:
478-230-2987**