

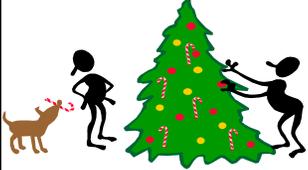
FORT RUCKER DEPENDENTS SCHOOLS

LUNCH MENU *

DECEMBER 2008

*Menu subject to change without notice.

Primary

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Holiday Meal for the Primary School will be on December 9th. Holiday Meal for the Elementary School will be on December 11th.</p>			
1	2	3	4	5
Milk Pork Roast Popcorn Chicken Seasoned Green Beans Freedom Fries Fruit Bread	Milk Corn Dogs Deli Turkey & Cheese Sandwich Carrot and Celery Sticks Fruit Chocolate Pudding	Milk Lasagna Peanut Butter & Jelly Sandwich Garden Salad Sweet Green Peas Fruit Breadstick	Milk Chicken Nuggets Pork Fried Rice Steamed Broccoli Fruit Bread	Milk Cheese or Pepperoni Pizza Deli Sandwich Purple Hull Peas Macaroni & Cheese Fruit
8	9	10	11	12
Milk Hot Dogs / Chili Dogs Pizza Sticks Freedom Fries Pork n' Beans Fruit	Milk Turkey with Gravy Cornbread Dressing Cranberry Sauce / Green Beans Mashed Potatoes with Gravy Rolls / Fruit Salad Cake with Fruit Topping	Milk Chili with Beans Chicken Nuggets Carrot / Celery Sticks Crackers Fruit	Milk Beef Nachos w / Cheese Turkey and Noodles Refried Beans Steamed Rice / Butter Fruit Churro	Milk Cheese or Pepperoni Pizza Tuna Melt Mixed Vegetables Fruit Vanilla Wafers
15	16	17	18	19
Milk Sloppy Joe on Bun Chicken Tenders / Bread Freedom Fries Seasoned Green Beans Fruit	Milk Spaghetti with Meatsauce Toasted Ham & Cheese Sandw. Garden Salad Fruit Garlic Bread	Milk Oven Fried Chicken Turkey with Gravy Garden Blend Rice Sweet Green Peas Fruit Roll	Milk Hamburgers / Cheeseburgers Deli Turkey & Cheese Sandwich Broccoli with Cheese Lettuce / Tomato / Pickles Fruit M & M Cookie	Milk Cheese or Pepperoni Pizza Peanut Butter & Jelly Sandwich Seasoned Green Beans Macaroni & Cheese Fruit
22	23	24	25	26
MERRY				CHRISTMAS



Milk is available at all meals. All milk is 1% fat or less.



Applications to apply for free and reduced meals are available by contacting the cafeteria manager at your school.

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