

FORT RUCKER DEPENDENTS SCHOOLS

BREAKFAST MENU *

*Menu subject to change without notice.

October-08

Primary

Monday	Tuesday	Wednesday	Thursday	Friday
6	7	1	2	3
		Scrambled Eggs Ham Biscuit Juice Milk	Breakfast Pizza Fruit Juice Milk	Waffle Sausage Link Syrup Juice Milk
6	7	8	9	10
Cereal Fruit Muffins Juice Milk	Pancake Pup Syrup or Jelly Juice Milk	Scrambled Eggs Ham Biscuit Juice Milk	French Toast Syrup Fruit Juice Milk	Waffle Sausage Link Syrup Juice Milk
13	14	15	16	17
COLUMBUS DAY	FALL BREAK		FALL BREAK	FALL BREAK
20	21	22	23	24
Cereal Cinnamon Toast Juice Milk	Pancake Pup Syrup or Jelly Juice Milk	Scrambled Eggs Ham Biscuit Juice Milk	Breakfast Pizza Fruit Juice Milk	Waffle Sausage Link Syrup Juice Milk
27	28	29	30	31
Cereal Fruit Muffins Juice Milk	Pancake Pup Syrup or Jelly Juice Milk	Scrambled Eggs Ham Biscuit Juice Milk	French Toast Syrup Fruit Juice Milk	Waffle Sausage Link Syrup Juice Milk