



THE BRITTIN BANNER

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<http://www.am.dodea.edu/stewart/brittin>

CALENDAR OF EVENTS

19 – December – End of 2nd Marking Period

22 Dec – 06 Jan – Winter Break – No School

06 January – Teacher Workday-No School

07 January – Students Return to School



Our fifth grade students just completed a nine-week program in the Drug Abuse Resistance Program (DARE). It is a program to help students resist pressures to experiment with drugs. The program also teaches a Decision Making Model that help students problem solve and make wise choices. The Fifth Grade Team is very proud of our DARE graduates. Congratulations Fifth Grade!!

Dare Essay
By CB

Dare is a program that teaches the effects and facts of drugs. I learned how to make good decisions in life, how to avoid risky and dangerous situations, and how to stay away from peer pressure.

Tobacco is a plant. Its leaves are dried and chopped up and used in many products. Some of these products are dip, snuff, chewing tobacco, cigarettes, cigars, and many more. If you use tobacco, it can damage your skin and give you wrinkles. Tobacco has poisons in its smoke, but marijuana has even more.

Marijuana is a plant that can be smoked, put in food, or chopped up and rolled up. Some people can get addicted to marijuana. It is illegal in the United States. Marijuana can also cause memory loss. It can give you lots of colds and respiration problems. Marijuana can make your reflexes very slow, but so can alcohol.

Alcohol is found in beer, wine, whiskey, champagne, and liquor. It is illegal for anyone under the age of 21 years old to use alcohol. Drinking alcohol slows down your brain and body. Alcohol can also damage all your body's organs. If you mix alcohol and medicine together you can get very sick or die. Most teens in the United States don't drink alcohol, but some of those teens are put under peer pressure to drink.

Peer pressure is when someone is asking you to do something bad or good that makes you feel uncomfortable. Peer pressure can get you into trouble or killed. If you keep on repeating no, the person that is trying to get you in trouble will get tired of your answer and leave you alone. You could also ignore that person too. To get out of the problem, you could use your dare decision-making model.

The dare decision-making model is a plan that can help you decide what to do before you do it. The model is easy, so any one can use it. There are 4 steps to the model: define, assess, respond, and evaluate. The model can change your life by having you stop and think about what you're going to do before you do it, so you can make a good decision.

Dare is a program that helps you with the facts and effects of alcohol and drugs. I have learned a lot about how to avoid situations, how to stay away from peer pressure, and how to make good decisions.

I, CB, pledge to be drug free for the rest of my life: To never do drugs or drink alcohol. I pledge to be honest and respectful to everyone. This pledge is important to me because some day people will know that misusing drugs doesn't help you, they hurt you.



LifeWorks

@ Balfour Beatty Communities

December

Cell Phones for Soldiers- Help Soldiers overseas call home. By donating any old cell phone, you can help provide calling cards for Soldiers serving overseas. The phones are sent to ReCellular, which pays *Cell Phones for Soldiers* for each donated phone – enough to provide an hour of talk time to soldiers abroad.

Date: Entire month of December

Time: at your convenience

Location: Drop boxes can be found at our Liberty Woods Leasing Office and our Southern Oaks Community Center.

Letter to Santa- Make sure Santa knows exactly what you want this year! Write your wish list and then drop it in our very special North Pole mail box. Paper and envelopes will be provided. Enjoy cookies and punch as you write your letter.

Date: December 3rd

Time: 3:30-4:30pm

Location: The Southern Oaks Community Center

Joint Neighborhood Huddles- To make it possible for every neighborhood to have a huddle once a month, we are combining all neighborhood huddles into one. Balfour Beatty Representatives, along with DES, will be there to address any issues or concerns residents may have with their neighborhoods. Please use this opportunity to help make your community a great place to live!

Date: December 12th

Time: 10:30-11:00am

Location: The Southern Oaks Community Center

Winter Wonderland- Did you ever think you could build a snowman in Georgia? Well you can at our Winter Wonderland event, because we are going to have real snow on the ground! This will be something you don't want to miss! With a snowman building contest, popcorn, cotton candy, an inflatable slide and more; this is sure to be a great holiday event. And since the holidays are a time of giving, bring any old gloves, mittens or scarves to put on our mitten tree to be donated to those in need.

Date: December 13th

Time: 1:00-3:00pm

Location: The Liberty Woods Leasing Office

Holiday Home Decorating Contest- Show your holiday spirit by decorating your home, giving you the chance to win our contest!. Get out those lights, wreaths and reindeer! We will be riding through every neighborhood to judge and any home decorated is considered for the contest. **Three winners will be selected and awarded a \$50 gift check!!**

Date: Judging held December 15th

Time: Beginning at 5:30pm

Location: All Balfour Beatty Communities neighborhoods.

Gift Wrapping Station- Parents, need to do some gift wrapping without little ones peeking? Visit Balfour Beatty Communities wrapping station to get the job done! We'll provide all the materials you'll need.

Date: December 18th

Time: 10:30am-1:30pm

Location: The Southern Oaks Community Center

For questions about any of these events, please contact Amber Humphries at 408-2478.